



# *KidsWatch User Guide*

*KidsWatch User Guide*

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# 1: Introduction and Startup

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To get started with KidsWatch, read the following topics:

- [KidsWatch overview](#)
- [Start-up and shut-down operations](#)
- [Initial configuration](#)
- [Tamper-proofing guidelines](#)

## KidsWatch overview

KidsWatch allows you to manage your family's time and access to the computer and Internet. As an Administrator of KidsWatch, you can:

- Limit surfing, chatting, and gaming to a time and duration appropriate for each child.
- Schedule the number of hours each child can use the computer, per day or by week.
- Avoid arguments by scheduling an equal amount of computer use for each child.
- Log out each child automatically during the dinner hour or when it's time for bed.
- Protect your children from gaining access to inappropriate Web site content.
- Prevent your children from installing software.
- Block your children from accessing certain programs and tools on your computer.
- Review reports that show what Web sites and computer programs your child accessed and receive alerts when your child attempts to visit blocked Web site content.
- Review your child's chat dialog, which is captured from Instant Messaging software, Facebook, MySpace, AIM, Yahoo, MSN, and ICQ.
- Track registered sex offenders who may live or work in your neighborhood.
- Receive real-time alerts when suspect words or phrases are encountered in chat conversations.
- Set time limits on individual Web sites or set up schedules of usage.

You can customize the time, duration, and program options for each child and create schedules that suit your family's needs. Help your kids stay away from trouble and take the next step in parental supervision – computer supervision.

To learn more about the main features of KidsWatch, see the following topics:

- [User accounts and profiles](#)
- [Time and access restrictions](#)
- [Temporary extensions and overrides](#)

- [Advanced restrictions](#)
- [Activity reports](#)
- [Chat Monitoring reports and alerts](#)

## User accounts and profiles

Everyone who accesses the computer must be assigned to a user account, with at least one adult in the family serving as the Administrator of all accounts. The Administrator can create user accounts, then enforce time and access restrictions on each one (typically on accounts for children under the age of 18) or grant unlimited access (typically for other adults in the household).

KidsWatch provides some predefined user profiles, which include access restrictions based on age. You can assign your family's user accounts to these profiles to quickly create accounts with restrictions or use them as a starting point to customize your own restrictions:

<b>Categories of user profiles</b>	
Administrator	No access restrictions to the computer, programs, or Internet. Also has full access to the KidsWatch software for configuring user accounts, setting limits and restrictions, and running reports.
Adult	No access restrictions to the computer, programs, or Internet. Does not have access to the KidsWatch software.
Teen (14 to 18)	Light restrictions: <ul style="list-style-type: none"> <li>• 6 hours of computer use a day, between the hours of 7 a.m. and 10 p.m. on weekdays (to 11 p.m. on Friday and Saturday).</li> <li>• 25 hours of Internet use a week.</li> <li>• Chat content monitored.</li> <li>• Blocked from accessing mature content on the Internet</li> </ul>
Adolescent (11-13)	Medium restrictions: <ul style="list-style-type: none"> <li>• 4 hours of computer use a day, between the hours of 7 a.m. and 9 p.m. on weekdays (to 10 p.m. on Friday and Saturday).</li> <li>• 14 hours of Internet use a week.</li> <li>• Chat content monitored.</li> <li>• Blocked from accessing or searching for mature content on the Internet.</li> </ul>
Youngster (8-10)	Moderate restrictions: <ul style="list-style-type: none"> <li>• 3 hours of computer use a day, between the hours of 7 a.m. and 8 p.m.</li> <li>• 10 hours of Internet use a week.</li> <li>• Blocked from accessing mature Internet content, searching on mature content, using Web-based messaging programs, chatting on Facebook or MySpace, and accessing sites that cannot be categorized.</li> </ul>

<b>Categories of user profiles (continued)</b>	
Child (7 and under)	Heavy restrictions: <ul style="list-style-type: none"> <li>• 2 hours of computer use a day, between the hours of 7 a.m. and 6 p.m.</li> <li>• 6 hours of Internet use a week.</li> <li>• Blocked from accessing most Internet sites, searching on mature content, using Web-based messaging programs, chatting on Facebook or MySpace, and accessing sites that cannot be categorized.</li> </ul>
Custom	No pre-set restrictions, which allows an Administrator to customize limits for access and time spent on the computer.

Once user profiles are set, each person logs into the computer with a unique name and password. For children with set restrictions, KidsWatch monitors their activities and takes action when necessary.

## Time and access restrictions

For each child's account, you can apply the following types of restrictions:

<b>Restriction types</b>	
Computer	Set restrictions for computer use based on scheduled days and times. For example, you might limit a young child to two hours of computer access per day between the hours of 2 p.m. and 6 p.m.
Internet	Set restrictions for Internet use based on scheduled days and times. For example, you might limit a teenager to four hours of Internet access between the hours of 3 p.m. and 9 p.m. on weekdays and between the hours of 9 a.m. and 9 p.m. on weekends. Internet restrictions affect time spent using a browser, Instant Messenger applications, and e-mail applications.
Programs	Block access to specific programs on the computer or set restrictions based on scheduled days and times. For example, you might block your children from accessing your personal financial software, but allow them to use all other programs on a schedule similar to their Internet schedule.
Web Filtering	Permit or restrict access based on Web site categories and scheduled days and times. Set time limits on individual Web sites or set up schedules of usage. You can also create your own list of restricted sites or trusted sites. For example, you might restrict your child from accessing all Web content categorized as "adult" and also some specific social networking sites that you consider inappropriate for the child's age. <b>Note:</b> KidsWatch includes a one-year subscription to the Web Filtering service. This service is updated frequently to keep pace with ever-changing Web site content.

## Temporary extensions and overrides

KidsWatch provides several tools for overriding restrictions on computer, Internet, program, and Web Filtering use.

Temporary overrides	
Temporary password	<p>Create a password that will allow a child to extend time limits for a special situation. The password can only be used once and for only one type of restriction (for example, program or Internet time, but not both). As the Administrator, you determine the password and the amount of time for the extension. You can then give your child a set of temporary passwords for “emergency” situations or just keep them yourself until your child asks permission to extend a restriction.</p> <p>For example, your teenage daughter is spending her Sunday working on a major school project. She has been working for nearly 6 hours and her computer time limit is about to expire. She needs extra time, but you are not home. If you have previously defined temporary passwords, she can call you for the password or she can use a password that you provided beforehand. When her time limit runs out on the computer, she can enter the temporary password and keep working.</p>
Suspend restrictions	<p>Lift all time, schedule, and program restrictions for a specified number of days.</p> <p>For example, you might want to lift restrictions for children during a winter break from school when they have no homework.</p>
Lock down	<p>Prevent your child from accessing the computer entirely for a specified number of days.</p> <p>For example, your 10-year-old son spilled a chocolate milk shake all over the keyboard, so you ban him from using the computer for a month by setting the Lock Out User feature for 30 days.</p>

## Advanced restrictions

To prevent technically savvy kids from tampering with the KidsWatch software or with the computer, you should block their access to some “advanced” Windows tools. For example, you can block access to the entire Control Panel or block access to specific Control Panel tools, such as the Add and Remove Programs option or the Taskbar and Start Menu options. By blocking the Control Panel, your child cannot attempt to remove the KidsWatch software, change the computer clock to gain more time, or change other system settings to get around their restrictions. You can also block your child from accessing the Command Prompt, using the Run command, or loading a disk that may contain software for changing computer settings.

For a full list of advanced restrictions, see [“Applying advanced restrictions for Windows”](#) on page 44.

## Activity reports

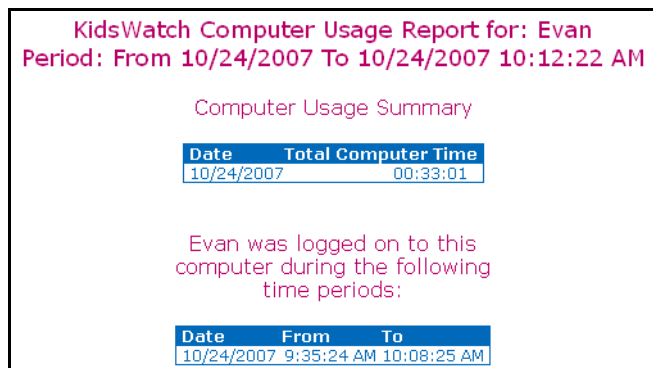
KidsWatch allows you to generate reports on each child's activity. Reports can list the Web sites they visit, the programs they use, or the time and date they were active on the computer. You can generate a report on demand (any time) or create a schedule to run reports daily, weekly, or monthly and send them to your e-mail address.

See the following report topics:

- [Computer use](#)
- [Web sites visited](#)
- [Program use](#)

### Computer use

The following example shows a Computer Usage report, which lists the total time your child was logged on to the computer and the individual time periods your child was logged on.



KidsWatch Computer Usage Report for: Evan  
Period: From 10/24/2007 To 10/24/2007 10:12:22 AM

Computer Usage Summary

Date	Total Computer Time
10/24/2007	00:33:01

Evan was logged on to this computer during the following time periods:

Date	From	To
10/24/2007	9:35:24 AM	10:08:25 AM

You can use this report to determine if you need to adjust computer time limits. For example, your young son is spending the fully allowed three hours a day every day on the computer. If you feel this is inappropriate, you can modify his restrictions to reduce time allotments.

### Web sites visited

The following example shows a partial Visited Web Sites report, which lists the addresses of sites a child has visited and the number of visits to those sites.

**KidsWatch Visited Web Sites Report for: Dana**  
**Period: From 10/24/2007 To 10/24/2007 9:52:11 AM**

Visited Sites Summary

Web Sites Visited	Number of Visits
www.microsoft.com	2
www.myspace.com	1
www.msn.com	1
www.abmr.net	1
view.atdmt.com	1
rad.msn.com	1
pagead2.googleadsyndication.com	1
msnportal.112.2o7.net	1
home.microsoft.com	1
g.msn.com	1
dewb.myspace.com	1
desb.myspace.com	1
deeb.myspace.com	1
b.rad.msn.com	1
a.rad.msn.com	1

Dana visited the following web sites during the dates and times indicated:

Web Sites Visited	Date	Time
a.rad.msn.com	10/24/2007	9:38:00 AM
b.rad.msn.com	10/24/2007	9:38:00 AM
deeb.myspace.com	10/24/2007	9:38:12 AM
desb.myspace.com	10/24/2007	9:38:13 AM
dewb.myspace.com	10/24/2007	9:38:12 AM

**i Note**

The Visited Web Sites report may also include addresses for pop-up advertising or other sites your child may not have actively accessed. If you see an unusual amount of advertising sites appear on this list, you should run an antispyware and antivirus program, such as Webroot AntiVirus with AntiSpyware, to locate and quarantine potential threats that may have downloaded to your computer.

The addresses in the Web Sites Visited column are links. If you aren't familiar with a site address and want to review its content, click on the link to load the site in your browser. If you determine that a Web site is inappropriate, you can cut and paste the address into the Restricted Sites list of the Web Filtering tab (see **"Applying Web filtering restrictions"** on page 26). If your child is viewing multiple Web sites that fall into a specific category (for example, your adolescent son is viewing Web sites that sell women's undergarments), you can block all related Web sites by selecting a category in the Web Filtering restrictions (for example, "Shopping: Lingerie and Swimsuits").

Once a site is restricted, KidsWatch blocks your child from accessing it and opens a message similar to the following example:

**Access denied**

Your request to access

***www.body-piercing.com***

has been denied.

Your Internet Usage Policy prohibits access to sites classified as:

***The KidsWatch administrator has prohibited you from visiting this site.***

You can also set an alert feature that sends you an instant e-mail when a child attempts to access blocked Web sites. For example, while you're at work, you receive an e-mail that your teenager is trying to access shopping sites, when really she should be doing her Algebra homework. After receiving the e-mail, you can call her at home and tell her to get back to school work.

## Program use

The next example shows a Program Usage report, which lists computer applications that a child used and the amount of time spent on those applications. The list provides the full path (folder location) of the program's executable file.

**KidsWatch Program Usage Report for: Evan**  
**Period: From 10/24/2007 To 10/24/2007 10:09:14 AM**

Program Usage Summary

Program	Total Time
c:\program files\windows nt\pinball\pinball.exe	0:21:18
c:\windows\system32\winmine.exe	0:10:19
c:\program files\internet explorer\iexplore.exe	0:00:09
c:\windows\explorer.exe	0:00:04

Evan used the following programs during the dates and times indicated:

Date	From	To	Program
10/24/2007	9:35:42 AM	9:35:51 AM	c:\program files\internet explorer\iexplore.exe
10/24/2007	9:36:12 AM	9:57:30 AM	c:\program files\windows nt\pinball\pinball.exe
10/24/2007	9:36:31 AM	9:36:33 AM	c:\windows\explorer.exe
10/24/2007	9:58:00 AM	10:08:19 AM	c:\windows\system32\winmine.exe
10/24/2007	9:58:15 AM	9:58:16 AM	c:\windows\explorer.exe
10/24/2007	10:08:22 AM	10:08:23 AM	c:\windows\explorer.exe



### Note

The Program Usage report also lists programs that run automatically in the background or other programs your child may not have actively accessed. For example, if an antivirus program was running a scheduled sweep while your child was logged on, its executable file will be listed in this report.

If you aren't familiar with an executable file name listed in the Program Usage report, you can cut and paste the file name (for example, *program.exe*) into the Windows Run dialog box (select **Start > Run**), then select **OK** to run the application. If you determine that you do not want your child to run an application, you can block access to it (see "[Applying program restrictions](#)" on page 36).

Once a program is restricted, KidsWatch blocks your child from accessing it and opens a message similar to the following example:



## Chat Monitoring reports and alerts

If you have older children who use Facebook, MySpace, or Instant Messaging (IM) software, such as AIM and Yahoo Messenger, you can use the KidsWatch Chat/IM feature to view a log of your child's instant messages. This feature captures all typed conversations, both sent and received.

If you only want to view chat conversations or instant messages that may be of concern, you can configure KidsWatch to send you e-mail alerts when certain terms are used in your children's messages, such as "drunk" or "drugs." An example of a chat monitoring report is shown below.

USER/TIME	MESSAGE
sent to Billy 0123 11/2/2008 11:57:05 AM	hey whatsup?
received from Billy0123 11/2/2008 11:57:13 AM	doing homework. whatsup with you?
sent to Billy0123 11/2/2008 11:57:31 AM	theres gonna be a big party tomorrow night at ralphs, he has some <b>smokes</b> , wantta go?
received from Billy0123 11/2/2008 11:58:06 AM	<b>Cigarettes?</b> kewl. sounds good, i'll tell my parents i'm sleeping over

# Start-up and shut-down operations

For information about running KidsWatch, see the following topics:

- [Logging into the computer](#)
- [Activating KidsWatch after installation](#)
- [Opening and closing KidsWatch](#)
- [Using the Main window and Home panel](#)

## Logging into the computer

During installation, KidsWatch modifies and creates Windows user accounts, as follows:

- If user accounts have not been previously defined in Windows, the KidsWatch software changes the computer settings so that all users will be prompted to log in by entering a name and password at Windows startup. The KidsWatch installation and configuration routine guides you through the process of creating profiles and passwords for each person who will use the computer. New accounts you define in KidsWatch also appear on the Windows login screen and in the Control Panel's User Accounts window.
- If user accounts are already defined in Windows, KidsWatch detects those accounts. The KidsWatch installation and configuration routine guides you through the process of creating profiles for each Windows user.

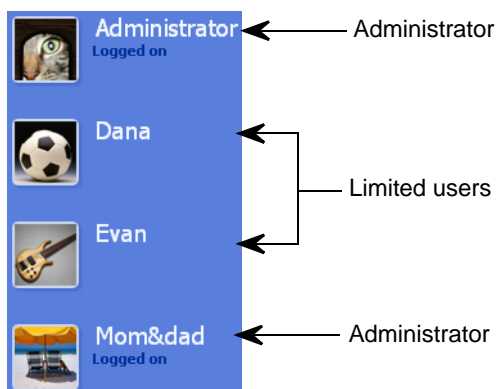


### Caution

Once you've installed and configured KidsWatch, you must remember the password for the Administrator account so you can access the KidsWatch application. KidsWatch support is unable to provide any method for bypassing restrictions.

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When you start the computer, the login screen displays the user accounts defined in Windows, similar to the following example:



To configure and use KidsWatch, log in to an account with Administrator privileges.

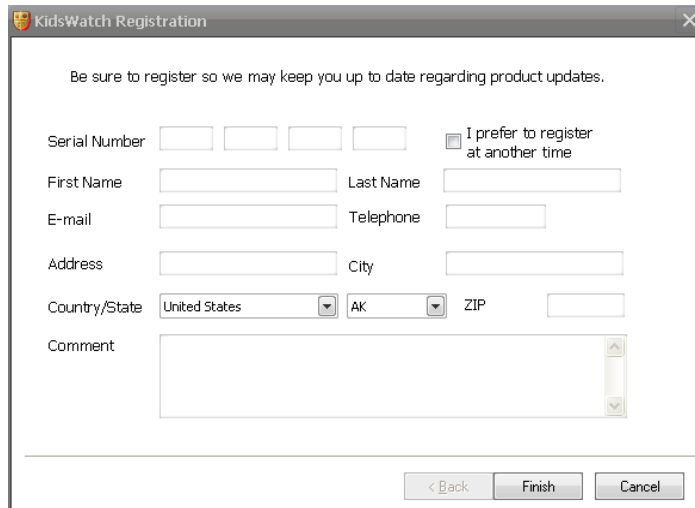
## Activating KidsWatch after installation

After installing KidsWatch, you can use the Trial version for 15 days or you can activate KidsWatch and register your program. Activation requires that you enter the product Serial Number.

### To activate KidsWatch:

1. Make sure you are connected to the Internet.
2. From the Windows **Start** menu, select **Programs** (or **All Programs**), **KidsWatch Parental Controls**, then **KidsWatch Activation**.

The KidsWatch Registration window opens.



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### Note

If KidsWatch cannot detect an Internet connection, an information message opens and provides further instructions. Write down the e-mail address shown in the message for requesting an activation code, then select the **Next** button. An Activation window opens and shows your Computer Identification number. Send an e-mail to that address and include the Computer Identification number and the Serial Number in your e-mail. When you receive the Activation key, you can initiate activation without being connected to the Internet. To do this, repeat Step 2 to re-open the KidsWatch Activation window, enter the Serial Number and the Activation key in the corresponding fields, then select the **Activate** button.

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3. Enter the Serial Number included with your copy of the product.
4. If you want to register the product now, enter your contact information. If you just want to activate the product, but not register the product now, select the **I prefer to register at another time** checkbox.

An entry is not required in the **Comment** field. If your contact information changes at any time, you may access this window again from the **Start** menu (see Step 2) to update the information.

5. Click **Finish**.

A message confirms the activation and registration of your copy of KidsWatch.

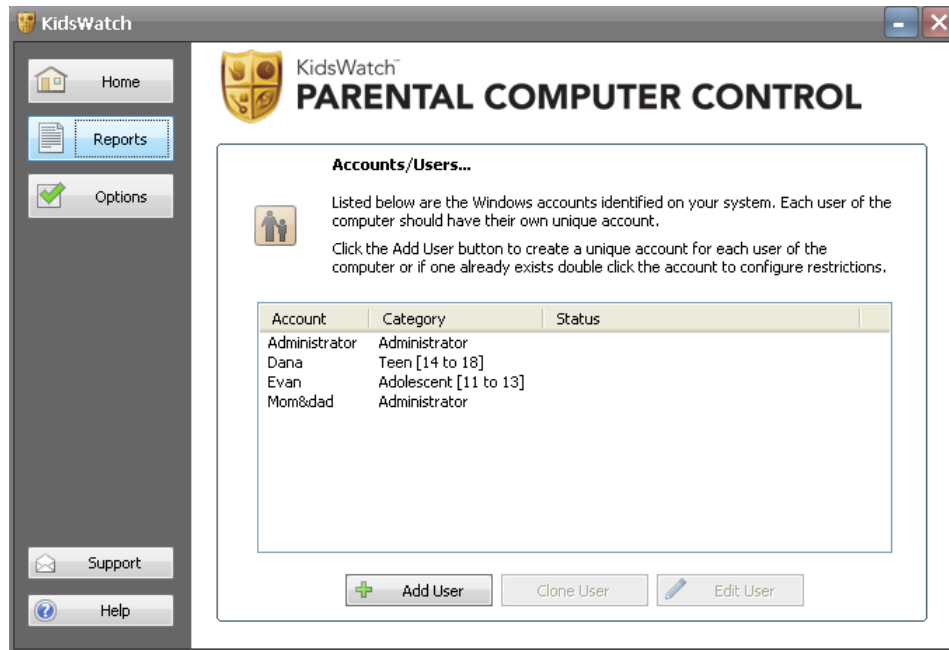
## Opening and closing KidsWatch

Only an Administrator can access the program. Make sure you are logged into an Administrator account.


### To open the KidsWatch application:

Select **KidsWatch** from the list of programs available in the Windows **Start** menu.

The KidsWatch Main window is shown in the following example.

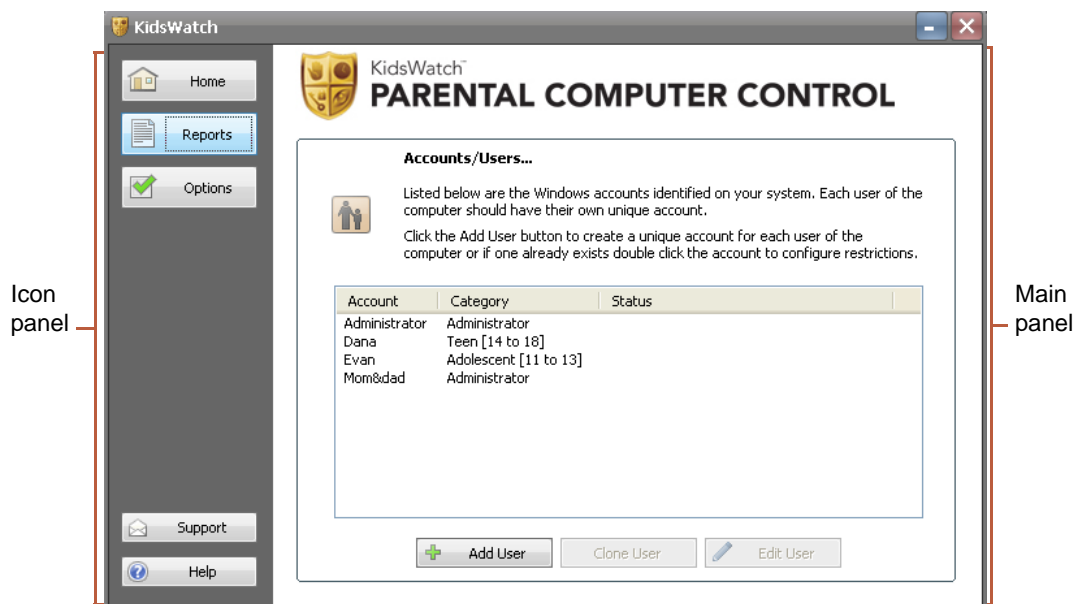


### To close the Main window:

When you are finished using the KidsWatch Main window, click the **Close**  button in the upper right corner of the screen. This action closes the window, but keeps the KidsWatch program running in the background and actively monitoring user accounts.

## Using the Main window and Home panel

The KidsWatch Main window is divided into two areas: the Icon panel at the left allows you to select options, while the Main panel on the right displays the corresponding settings available for the selected icon.



The following table describes the areas of the Main window.

General KidsWatch window areas	
Icon panel	Allows you to access the panels for reviewing user accounts ( <b>Home</b> icon), running reports ( <b>Report</b> icon), and setting program options ( <b>Options</b> icon). The Icon panel also provides a <b>Support</b> icon for contacting KidsWatch with questions and a <b>Help</b> icon for viewing these online instructions.
Main panel	Displays the tasks and information related to the selected icon. It allows you to manage user accounts and run reports.

# Initial configuration

To perform the initial configuration of KidsWatch, see the following topics for an overview of the procedures you need to complete:

- [Configuring user profiles](#)
- [Scheduling activity reports](#)
- [Using the System Tray icon](#)

## Configuring user profiles

During installation, an Administrator needs to create user profiles for each person who will use the computer. Only Administrators have full access to the KidsWatch software for creating user accounts and configuring account restrictions.

Tasks for configuring user profiles		
Create user accounts	<p>The KidsWatch installation and configuration routine guides you through the process of creating user accounts and passwords for each person who will use the computer.</p> <p>If user accounts are already defined in Windows, KidsWatch detects those accounts and adds them to its list of users. If user accounts have not been previously defined, you can use the KidsWatch application to create Windows user accounts.</p>	To modify accounts, see <a href="#">Chapter 2, “User Account Management”</a> on page 17.
Create restrictions for children’s accounts	<p>When you created user accounts, you assigned users to predefined categories. The Administrator and Adult categories have no restrictions on computer use. All other predefined categories have specific restrictions, based on age groups. You can modify restrictions and time limits for what you determine is appropriate for your family members.</p> <p>KidsWatch includes restrictions for:</p> <ul style="list-style-type: none"><li>• Computer use: hourly quota and schedule limits.</li><li>• Internet use: hourly quota and schedule limits.</li><li>• Program use: allowed and restricted programs, restricted installations, as well as an hourly quota and schedule limits.</li><li>• Web site filtering: allowed and restricted content based on categories such as “Adult” and “Illegal/Criminal” or sites that can’t be categorized, and overrides for trusted or restricted sites.</li><li>• Chat monitoring for Facebook, MySpace, and some instant messaging programs.</li><li>• Windows access to certain tools, such as the Add and Remove Programs utility.</li></ul>	To add and modify restrictions, see <a href="#">Chapter 2, “User Account Management”</a> on page 17.

Tasks for configuring user profiles <i>(continued)</i>		
Create one-time temporary passwords	You can create a set of passwords that your children can use in the future for situations where they need to extend time limits (for example, to finish a school report). A password can only be used once for only one type of restriction: either computer time, Internet time, program time, or to bypass Web filtering. You determine the passwords and the amount of time allowed for each one.	To modify temporary passwords, see <a href="#">“Creating temporary passwords for extensions”</a> on page 46.

## Scheduling activity reports

During installation, the KidsWatch configuration routine allowed you to select reports you want sent to your e-mail address. Reports can provide details on what Web sites your child visited, what programs your child used, and how long your child used the computer. By reviewing reports regularly, you can see exactly how long your child spent on the computer and where they spent that time. This helps you adjust restrictions, if desired.

For more information about scheduled reports, see [“Creating scheduled reports”](#) on page 55.

## Using the System Tray icon

KidsWatch runs continuously in the background for all restricted users (any accounts with limits set for time, program, and Internet use), but the main software interface is not available to them. When a restricted user logs onto the computer, a KidsWatch icon appears in the Window’s system tray at the lower right corner, near the Windows clock.

When a user right-clicks on the system tray icon, the following pop-up menu opens.



This menu provides limited users with a means of reviewing their remaining time or entering a temporary password to extend time restrictions. The Administrator can also use the menu to manage restrictions while the child is logged on, which saves extra steps required to log in as the Administrator and change the restrictions.

For a full description of the System Tray menu functions, see [Chapter 5, “System Tray Icon Controls”](#) on page 71.

## Tamper-proofing guidelines

If you have older children who are technically savvy, they may attempt to bypass KidsWatch restrictions or try to break the software. Follow these guidelines to completely tamper-proof the KidsWatch software.

Tamper-proofing guidelines		
Set passwords.	<p>Set passwords as follows:</p> <ul style="list-style-type: none"> <li>• Create a new password for the built-in, Windows Administrator account and make sure none of your children know that password. Anyone who knows the login and password for the Windows Administrator account can access the KidsWatch software and can make changes to the restrictions. The Administrator account is a “hidden” account, so you will not see it listed in the Windows Control Panel; however, you will see it listed in the KidsWatch Users panel.</li> <li>• Create a complex password for each user of the computer. The password should include upper and lower case characters, numbers, and special characters such as <i>DanaGal#10</i>. This prevents hacking programs from cracking your password.</li> <li>• Make sure your children do not share their user names and passwords with each other. This prevents a younger child from accessing an older child’s account with lighter restrictions.</li> <li>• Be sure to record all passwords in a safe place; KidsWatch does not have a password reminder.</li> </ul>	See “ <a href="#">Changing a user’s password</a> ” on page 49.
Set the BIOS password.	If you are an experienced computer user, you can set the BIOS password for an extra level of security. The BIOS is the first program to run when your computer starts. When you reboot the computer, a BIOS message is displayed briefly, which instructs you to press a certain key to enter the BIOS setup program.	For further information, refer to your computer instructions.
Restrict program access.	In the Programs tab, you can lock down your computer and prevent your child from running any programs other than those specifically permitted on the program list.	See “ <a href="#">Applying program restrictions</a> ” on page 36.
Ensure that Web Filtering is not blocked.	In the Web Filtering tab, make sure the “Block uncategorized web sites” option is selected. This prevents a network router and/or firewall from stopping Web Filtering. (Any firewall that disallows access to the Web Filtering server will result in <i>all</i> external sites being blocked.)	See “ <a href="#">Applying Web filtering restrictions</a> ” on page 26.

<b>Tamper-proofing guidelines (continued)</b>		
Restrict access to Windows tools and the system clock.	In the Advanced tab, select <i>all</i> the checkboxes to prevent children from using sophisticated Windows tools that could help them tamper with the software. If you do not want to block all these tools, you should at least restrict access to the Windows Control Panel, so your children cannot access the clock and change the hour in an attempt to gain more computer time. <b>Note:</b> You will not be able to set options in the Advanced tab until the user has logged in at least once. If necessary, log in with the user's name and password, then log back out.	See "Applying advanced restrictions for Windows" on page 44.
Review activity reports.	Create scheduled reports so that you receive all three types of reports on a daily basis. If you know that your child has been on the computer, and you do not see any activity listed in the report, this could mean that your child is using another account on that computer (by somehow obtaining another user's password) or possibly a different set of computer hardware.	See Chapter 3, "Reports" on page 55.
Sweep for keyloggers.	Use an antispysware product to determine if any keyloggers have been downloaded to your computer. A keylogger is a diagnostic tool that can record your keystrokes and could capture your Administrator password as you enter it. Anyone, including your children, can download a free keylogger from the Internet.	



# 2: User Account Management

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A user account is a Windows record that defines a name and password, as well as some rights and permissions for that user. The KidsWatch installation and configuration routine guides you through the process of creating profiles and passwords for each person who will use the computer.

To modify user accounts and the restrictions set for each one, see the following topics:

- [Adding a new user account](#)
- [Cloning a user account](#)
- [Editing a user account](#)
- [Changing the user category](#)
- [Applying computer restrictions](#)
- [Applying Web filtering restrictions](#)
- [Applying Internet restrictions](#)
- [Applying program restrictions](#)
- [Monitoring chat and IM conversations](#)
- [Restricting port access](#)
- [Applying advanced restrictions for Windows](#)
- [Creating temporary passwords for extensions](#)
- [Changing a user's password](#)
- [Suspending restrictions for a user](#)
- [Locking out a user](#)
- [Resetting the computer's clock](#)

# Adding a new user account

You can quickly create a new user account by assigning the user to our predefined restriction levels (age-group categories) or using the settings of an existing user account. Later, if you determine that time limits and access restrictions should be adjusted, you can easily edit each user account by selecting the account name from the Home panel and clicking **Edit User**.

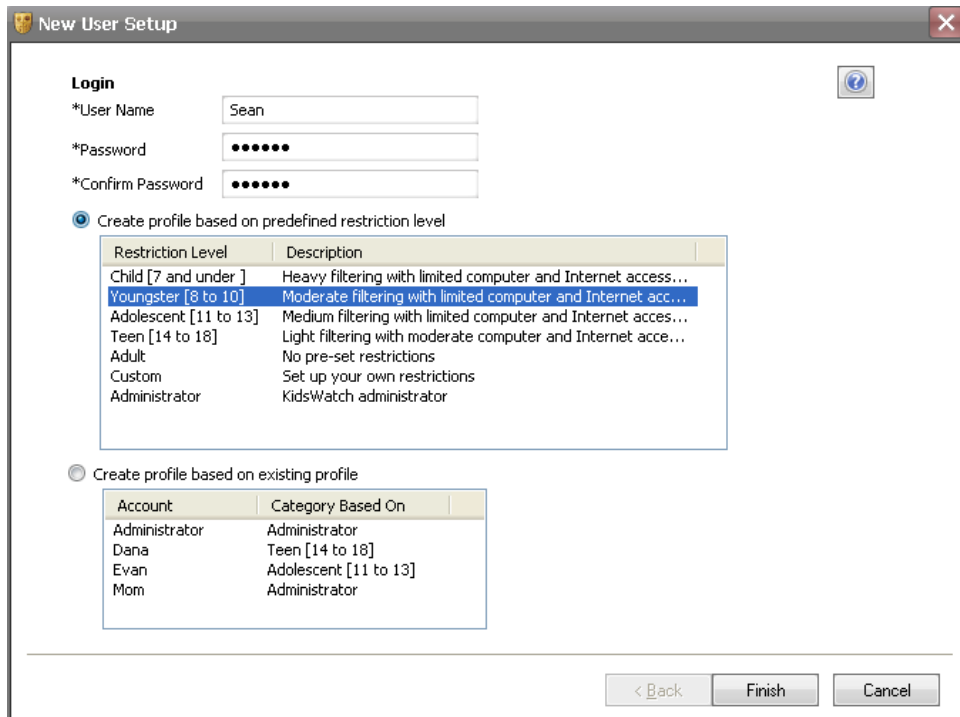
After KidsWatch has been running for several weeks, you should generate reports (see [Chapter 3, “Reports”](#) on page 55) to see exactly how much time your children spend on the computer and what programs and Web sites they are accessing. For example, if your teenager is spending the fully allowed 6 hours a day on the computer at a personal networking site, you can adjust the time down to an amount you feel is more appropriate or block the particular Web site entirely by using Web Filtering overrides.

## To add a new user account:

1. Make sure you are logged into an Administrator account.
2. Open the KidsWatch Home panel (see [“Opening and closing KidsWatch”](#) on page 11).
3. From the Home panel, click **Add User**.



The New User Setup window opens.



4. Under **Login**, enter a name and password for this user. The user name must include from 3 to 20 characters and may contain both letters and numbers. The password can be one character or more.
5. To create a profile that defines the restrictions for this user, use one of the methods described in the following table.

<b>Creating user profiles</b>	
Create a profile based on predefined restriction level	<ol style="list-style-type: none"> <li>1. Make sure the <b>Create a profile based on a predefined restriction level</b> radio button is selected.</li> <li>2. Select one of the user categories from the table.</li> <li>3. Click <b>Finish</b>.</li> </ol> <p>For a detailed description of the restriction levels, see the <a href="#">“User accounts and profiles”</a> on page 2.</p>
Create a profile based on an existing account	<ol style="list-style-type: none"> <li>1. Click the <b>Create profile based on existing profile</b> radio button.</li> <li>2. Select the profile from the table.</li> <li>3. Click <b>Finish</b>.</li> </ol>

6. Provide your child with the user name and password for logging into the computer.
7. After you finish creating user accounts, you can review the restrictions by returning to the Home panel and right-clicking on the user name. The pop-up window lists all the defined time and schedule restrictions, plus the user’s remaining time if currently logged in.

# Cloning a user account

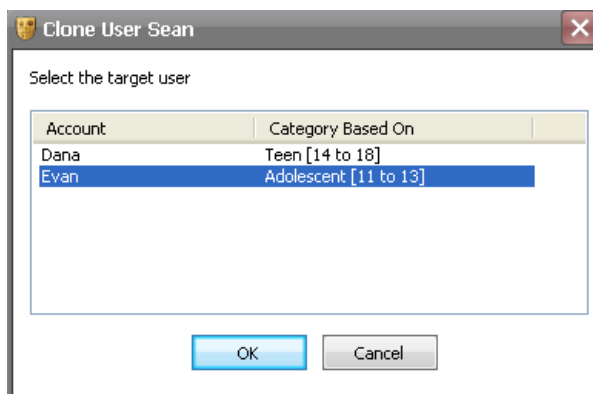
If you want to modify an existing user account so that it shares the same restrictions as another account, you can use the Clone User feature. Cloning a user account is particularly helpful if you spent several minutes creating a customized account for one of your children and want to apply the same restrictions to another child. If you want to make some adjustments to the cloned account, such as changing the password, you can easily edit it by selecting **Edit User** from the Home panel.

## To clone a user account:

1. Make sure you are logged into an Administrator account.
2. Open the KidsWatch Home panel (see “Opening and closing KidsWatch” on page 11).
3. From the Home panel, select the user you would like to copy (clone) the restrictions from, and click **Clone User**.



A Clone User window opens.



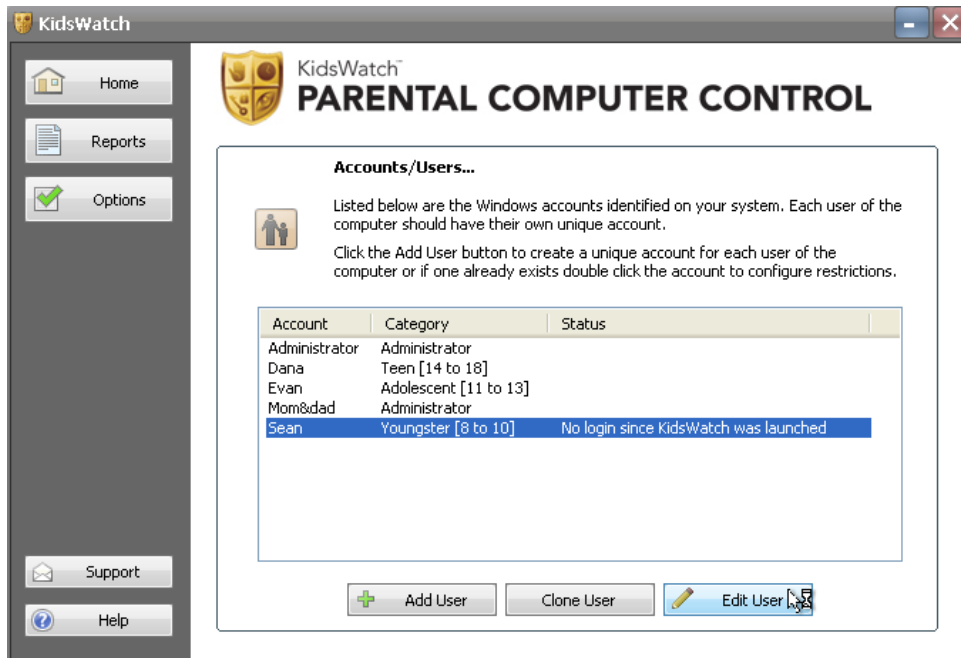
4. Select the target account that will receive these same restrictions, and click **OK**.

# Editing a user account

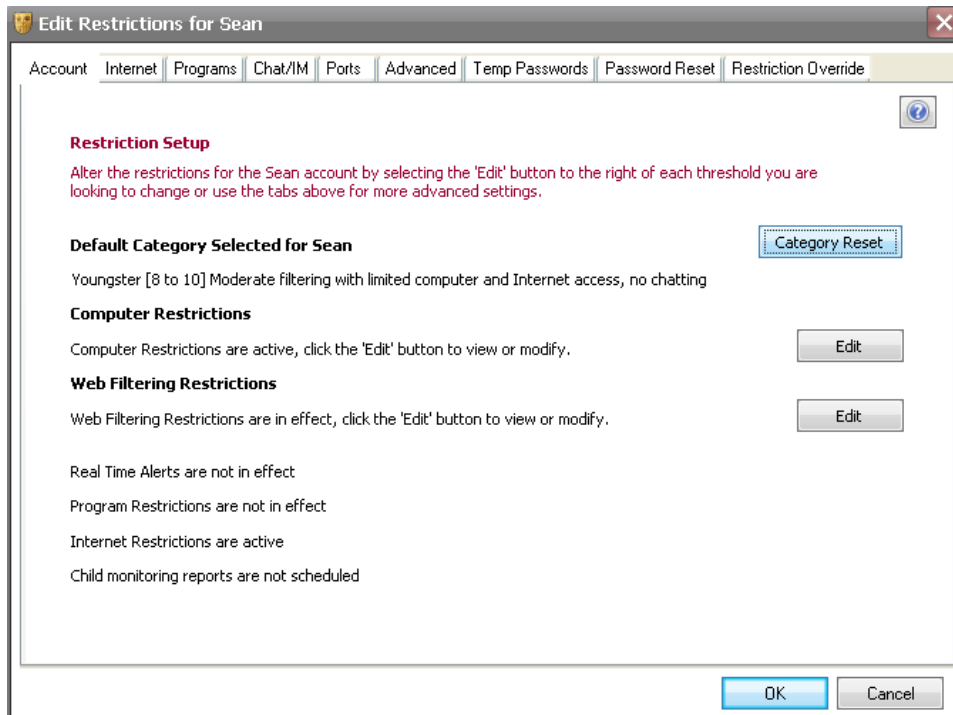
You can edit a user account any time if you want to modify restrictions for your child.

## To edit a user account:

1. Make sure you are logged into an Administrator account.
2. Open the KidsWatch Home panel (see “Opening and closing KidsWatch” on page 11).
3. From the Home panel, select the user account that you want to modify.
4. Click **Edit User**.



The Edit restrictions window appears.



5. To modify restrictions for a user account, see the following sections:

- [Changing the user category](#)
- [Applying computer restrictions](#)
- [Applying Web filtering restrictions](#)
- [Applying Internet restrictions](#)
- [Applying program restrictions](#)
- [Monitoring chat and IM conversations](#)
- [Restricting port access](#)
- [Applying advanced restrictions for Windows](#)
- [Creating temporary passwords for extensions](#)
- [Changing a user's password](#)
- [Suspending restrictions for a user](#)
- [Locking out a user](#)

# Changing the user category

You can change the category for a user profile in the Account tab. For example, you might want to change your child's category from Adolescent to Teen when your child turns 14 years old.

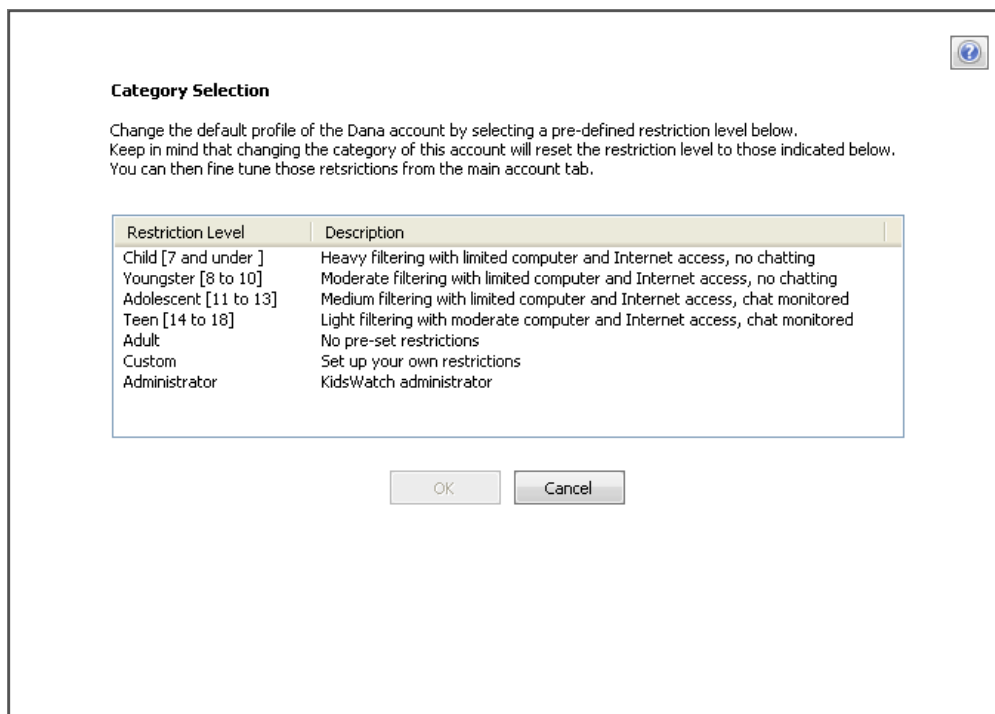
## To change the category for a user:

1. Make sure you are logged into an Administrator account.
2. Open the KidsWatch Home panel (see [“Opening and closing KidsWatch”](#) on page 11).
3. From the Users panel on the Home panel, select the desired user account.
4. Click **Edit User**.

The Account panel opens.

5. Select **Category Reset**.

The Category Selection panel opens.



6. In the Category Selection panel, click on a new restriction level. See [“Categories of user profiles”](#) on page 2 for a description of each level.
7. Click **OK**.

# Applying computer restrictions

Computer restrictions allow you to set the number of hours and the times of day a child can use the computer. You can establish different limits for different days. For example, you might want to restrict your child to three hours a day between 3 p.m. and 8 p.m. on school days, but to five hours a day between 9 a.m. and 9 p.m. on weekends.

## To set computer restrictions:

1. Make sure you are logged into an Administrator account. Also make sure that the user is logged off.
2. Open the KidsWatch Home panel (see “Opening and closing KidsWatch” on page 11).
3. From the Home panel, you can either double-click the user’s name or select the name and click **Edit User**.

The Account window opens.

4. To the right of Computer Restrictions, click **Edit**.

The Computer Restrictions window opens.

The screenshot shows the 'Computer Restrictions' window. It has two main sections: 'Time Allocation' and 'Schedule Restrictions'.  
**Time Allocation:** A dropdown menu is set to '6 hours'. There are two radio buttons: 'Per day' (selected) and 'Per week'. A note says: 'To set different time allotments per day, double-click on a day in the table below.'  
**Schedule Restrictions:** A timetable grid shows the days of the week (Sunday to Saturday) and hours from Midnight to Midnight. A green block indicates allowed computer use from 9am to 9pm on all days. A black block indicates restricted use from 3am to 6am on all days. The grid is topped with a timeline showing a sun at Noon and a moon at Midnight.  
At the bottom, there are five buttons: 'Allow' (with a checkmark), 'Restrict' (with an X), 'Reset' (with a circular arrow), 'OK', and 'Cancel'.

The Computer Restrictions window includes two sections for creating computer limits:

- **Time Allocation.** Determines hours per day or week your child can use the computer.
- **Schedule Restrictions.** Determines a schedule for computer use based on the day of the week. Across the top of the timetable is the hour line, identifying the hours of a day in 30-minute increments. A green block indicates allowed minutes; a black block indicates restricted minutes.

5. Set a time allocation (hourly quota), as follows:

To set a fixed hourly quota for each day or week:	<ol style="list-style-type: none"> <li>1. Select the number of hours from the drop-down box in the <b>Time Allocation</b> section.</li> <li>2. Select either the <b>Per day</b> or <b>Per week</b> radio button. If you select <b>Per day</b>, every day has the same hourly quota.</li> </ol>
To set different hourly quotas for specific days:	<ol style="list-style-type: none"> <li>1. Select the <b>Per day</b> radio button from the <b>Time Allocation</b> section.</li> <li>2. From the drop-down box, you can optionally select the hourly quota for most of those days. (For example, if you want to set a one-hour quota on Monday through Friday, select “1 hour.” The timetable shows “1 hour” next to each day.)</li> <li>3. In the Schedule Restrictions timetable, double-click on a row for the day you want to change. An Hourly Quota window opens where you can select a quota from the drop-down box. Then click <b>OK</b>. (For example, if you want to set a three-hour quota on Saturday, double-click the row for Saturday and select “3 hours” from the drop-down box. The timetable shows “3 hours” next to Saturday, but the other days remain unchanged.)</li> </ol>

6. Set a schedule of restrictions (what times the computer can be used), as follows:

To change restrictions in small increments (30 minutes):	<p>Click a block under the time line to toggle from green (allowed) to black (restricted).</p> <p><i>Tips:</i></p> <ul style="list-style-type: none"> <li>• To change a ½-hour increment for every day of the week, select an unlabeled box below the hour line.</li> <li>• To select multiple cells, hold down the Shift key while dragging the mouse.</li> </ul>
To change restrictions in larger increments:	<ol style="list-style-type: none"> <li>1. Position the cursor on the hour line at the beginning of the time you want, hold the left mouse button and drag to the end time (you can also drag the mouse down the rows for other days), then release the mouse button. If you make a mistake, select <b>Reset</b> to clear your selection.</li> <li>2. Select either <b>Allow</b> or <b>Restrict</b>, depending on what you want to specify for this time frame.  When you are done, the time line shows the disallowed hours in black and the allowed hours in green.</li> </ol> <p><i>Tips:</i></p> <ul style="list-style-type: none"> <li>• To highlight (clear) all 24 hours in a day, select the name of a day at the far left of the table.</li> <li>• To highlight (clear) the entire schedule, select the unlabeled box above <b>Sunday</b>. This is useful for resetting the entire schedule.</li> </ul>

7. Save your changes by clicking **OK**.

# Applying Web filtering restrictions

With your purchase of KidsWatch, you receive a one-year subscription to the Web Filtering service. Web Filtering allows you to selectively limit the type of Web sites your child can visit. For example, you can:

- [Filter by category](#) to prevent your child from visiting sites with mature content or other types of content you decide is inappropriate.
- [Filter by time restrictions](#) to set the number of hours and the times of day your child can use a specific Web site.
- [Use filtering options](#) to prevent your child from using major search engines to search on words associated with restricted categories.
- [Override restrictions](#) by creating a Trusted Sites list or Restricted Sites list that fall into a Web Filtering category. Add an asterisk as a prefix or suffix to a specified Web site address to allow or restrict all variations of that address or keyword.

## Filtering content by category

You can restrict your child from viewing Web sites that fall into one of the Web Filtering categories. For example, if you do not want your children to visit shopping sites, you can select the Shopping category.

### To filter Web content by category:

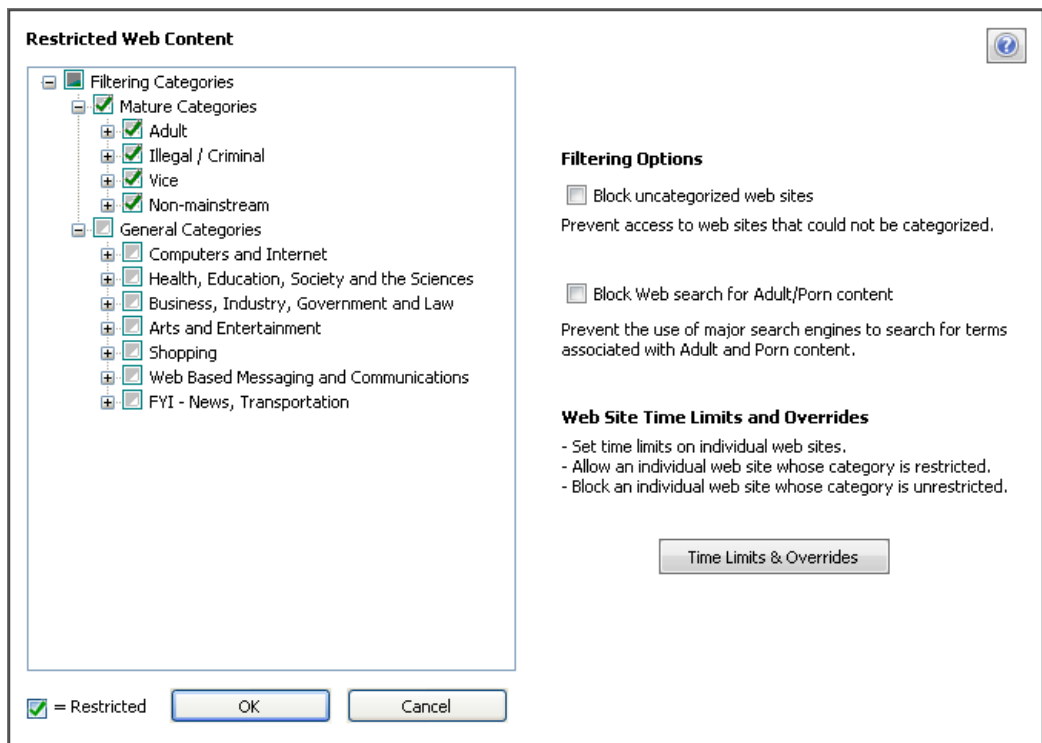
1. Make sure you are logged into an Administrator account. Also make sure that the user is logged off.
2. Open the KidsWatch Home panel (see “[Opening and closing KidsWatch](#)” on page 11).
3. From the Home panel, you can either double-click the user’s name or select the name and click **Edit User**.

The Account window opens.

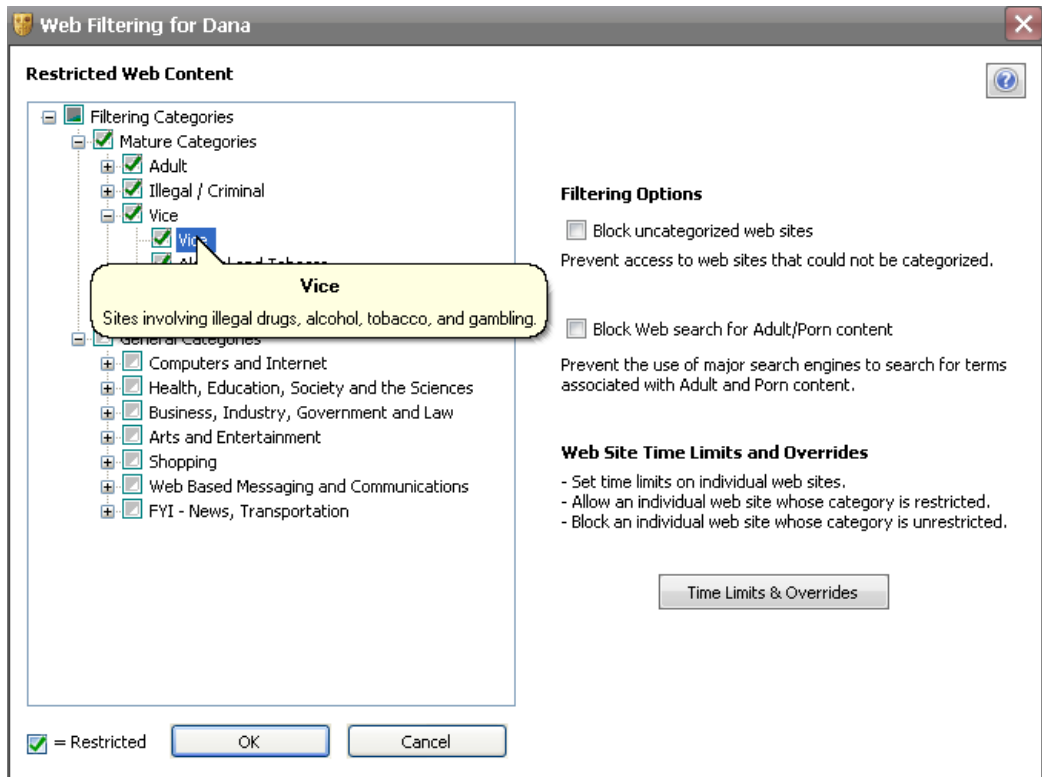
4. To the right of Web Filtering Restrictions, click **Edit**.

The Web Filtering window opens. The Web Filtering window provides a list of categories at the left of the screen. Initially, the categories are allowed or restricted based on the selected user’s profile. For example, Teen users are restricted from mature content, but are allowed access to general content.

Categories that are not accessible to the user are indicated by a green checkmark in the corresponding boxes. Boxes containing a plus sign (+) indicate a category group; click the plus sign to expand the group and view all its subcategories. (If you restrict or allow access to a group, all its subcategories are affected.)



5. Under **Restricted Web Content**, select check boxes next to the categories you want blocked. To see subcategories, click the plus sign next to a category name. For an explanation of a subcategory, right-click on the subcategory name to open a pop-up explanation, similar to the following example.



6. Save your restrictions by clicking **OK**.
7. Test your restrictions by logging out and logging back in with your child's user name and password. Open a browser and try accessing sites within a restricted category.

If there are specific sites you want to allow or restrict, see “[Overriding restrictions](#)” on page 32.

## Filtering access by time restrictions

Time restrictions allow you to set the number of hours and the times of day a child can use a Web site. You can establish different limits for different days. For example, you might want to restrict your child's access to a Web site to three hours a day between 3 p.m. and 8 p.m. on school days, but to five hours a day between 9 a.m. and 9 p.m. on weekends.

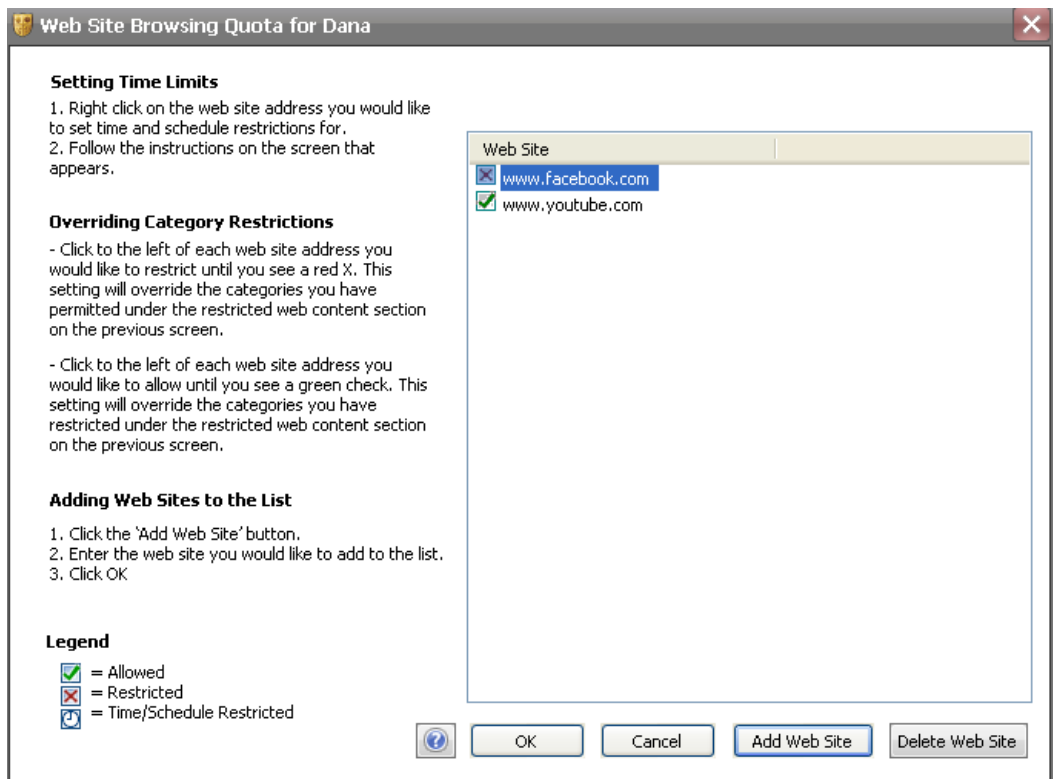
### To filter Web access by time restrictions:

1. Make sure you are logged into an Administrator account. Also make sure that the user is logged off.
2. Open the KidsWatch Home panel (see “[Opening and closing KidsWatch](#)” on page 11).
3. From the Home panel, you can either double-click the user's name or select the name and click **Edit User**.


The Account window opens.

4. To the right of Web Filtering Restrictions, click **Edit**.
5. Click **Time Limits & Overrides**.

The Web Filtering window opens.



6. Click **Add Web Site**. In the dialog that opens, enter a Web address, then click **OK**.
7. Right-click on the Web Site address in the panel.  
The Web Sites Restrictions panel opens.



### Time Allocation

Indicate a daily or weekly time quota for the browsing of www.facebook.com.

Per day    *To set different time allotments per day, double-click on-a day in the table below.*  
 Per week

### Schedule Restrictions

Indicate when Dana is permitted to browse www.facebook.com.

	Midnight	3am	6am	9am	Noon	3pm	6pm	9pm	Midnight
Sunday - 24 hours									
Monday - 24 hours									
Tuesday - 24 hours									
Wednesday - 24 hours									
Thursday - 24 hours									
Friday - 24 hours									
Saturday - 24 hours									

- The Web Sites Restrictions window includes two sections for creating Web site limits:
- **Time Allocation.** Determines hours per day or week your child can use the Web site.
  - **Schedule Restrictions.** Determines a schedule for the Web site based on the day of the week. Across the top of the timetable is the hour line, identifying the hours of a day in 30-minute increments. A green block indicates allowed minutes; a black block indicates restricted minutes.

8. Set a time allocation (hourly quota), as follows:

To set a fixed hourly quota for each day or week:	<ol style="list-style-type: none"> <li>1. Select the number of hours from the drop-down box in the <b>Time Allocation</b> section.</li> <li>2. Select either the <b>Per day</b> or <b>Per week</b> radio button. If you select <b>Per day</b>, every day has the same hourly quota.</li> </ol>
To set different hourly quotas for specific days:	<ol style="list-style-type: none"> <li>1. Select the <b>Per day</b> radio button from the <b>Time Allocation</b> section.</li> <li>2. From the drop-down box, you can optionally select the hourly quota for most of those days. (For example, if you want to set a one-hour quota on Monday through Friday, select “1 hour.” The timetable shows “1 hour” next to each day.)</li> <li>3. In the Schedule Restrictions timetable, double-click on a row for the day you want to change. An Hourly Quota window opens where you can select a quota from the drop-down box. Then click <b>OK</b>. (For example, if you want to set a three-hour quota on Saturday, double-click the row for Saturday and select “3 hours” from the drop-down box. The timetable shows “3 hours” next to Saturday, but the other days remain unchanged.)</li> </ol>

9. Set a schedule of restrictions (what times the computer can be used), as follows:

To change restrictions in small increments (30 minutes):	<p>Click a block under the time line to toggle from green (allowed) to black (restricted).</p> <p><i>Tips:</i></p> <ul style="list-style-type: none"> <li>• To change a ½-hour increment for every day of the week, select an unlabeled box below the hour line.</li> <li>• To select multiple cells, hold down the Shift key while dragging the mouse.</li> </ul>
To change restrictions in larger increments:	<ol style="list-style-type: none"> <li>1. Position the cursor on the hour line at the beginning of the time you want, hold the left mouse button and drag to the end time (you can also drag the mouse down the rows for other days), then release the mouse button. If you make a mistake, select <b>Reset</b> to clear your selection.</li> <li>2. Select either <b>Allow</b> or <b>Restrict</b>, depending on what you want to specify for this time frame. When you are done, the time line shows the disallowed hours in black and the allowed hours in green.</li> </ol> <p><i>Tips:</i></p> <ul style="list-style-type: none"> <li>• To highlight (clear) all 24 hours in a day, select the name of a day at the far left of the table.</li> <li>• To highlight (clear) the entire schedule, select the unlabeled box above <b>Sunday</b>. This is useful for resetting the entire schedule.</li> </ul>

10. Save your changes by clicking **OK**.

## Using filtering options

### To use additional filtering options:

1. From the Home panel, you can either double-click the user's name or select the name and click **Edit User**.

The Account window opens.

2. To the right of Web Filtering Restrictions, click **Edit**.
3. To enforce additional restrictions, use the Filtering Options section as follows:
  - If you want to block access to all other Web sites that KidsWatch could not dynamically assign to a category or could not find in a URL list, such as photo-based sites, select the **Block uncategorized web sites** check box under **Filtering Options**.
  - To prevent your child from using major search engines to search on words associated with adult and pornography content, select the **Block Web search for Adult/Porn content** check box.



### Note

To prevent a network router and/or firewall from stopping Web Filtering, select the "Block uncategorized web sites" option. (A firewall that disallows access to the Web Filtering server will result in *all* external sites being blocked.)

---

4. Save your changes by clicking **OK**.

## Overriding restrictions

### To create a list of Trusted Sites or Restricted Sites and override Web Filtering categories:

1. From the Home panel, you can either double-click the user's name or select the name and click **Edit User**.

The Account window opens.

2. To the right of Web Filtering Restrictions, click **Edit**.
3. Click **Time Limits & Overrides**.
4. To override restrictions to certain sites:
  - To *allow* access to certain Web sites in a restricted category, click **Add Web Site**. In the dialog that opens, enter a Web address. To allow all variations of a Web site address, add an asterisk as a prefix and/or suffix to the address. For example, enter **\*disney\*** to allow any address that contains the word "disney." Click **OK** when you finish adding the site name. A checkmark appears next to the site name to indicate that it is allowed.
  - To *prevent* access to Web sites in an allowed category, click **Add Web Site**. In the dialog that opens, enter a Web address. To restrict all variations of a Web site address, add an asterisk as a prefix and/or suffix to the address. For example, enter: **\*.myspace.com** to restrict mail.myspace.com, profile.myspace.com, and so on. Click **OK** when you finish adding the site name. A checkmark appears next to the site name to indicate that it is allowed. Click on the checkbox to change the checkmark to an X. The X indicates that the Web site is restricted.

5. Save this list by clicking **OK**.
6. Test your list by logging out and logging back in with your child's user name and password. Open a browser and try accessing sites on the Overrides list.

## **Tips for using Web filtering to keep your children safe**

- Prevent searching for inappropriate terms on major search engines and restrict access to all sites that cannot be assigned to a category.
- For younger children, select both Mature Categories and General Categories to block access to all sites. Then, create a trusted sites list containing sites you have reviewed and approved, such as Disney.com, nickelodeon.com, and dictionary.com. Access to sites not on this trusted list is prohibited, so your children cannot visit these sites or view Internet content other than what you have approved.
- For older children, select Mature Categories to prevent access to all mature content.
- Generate an activity report that shows what Web sites your child visits (see [Chapter 3, "Reports"](#) on page 55). If necessary, create tighter controls by blocking additional sites and categories or blocking all Internet activity.

# Applying Internet restrictions

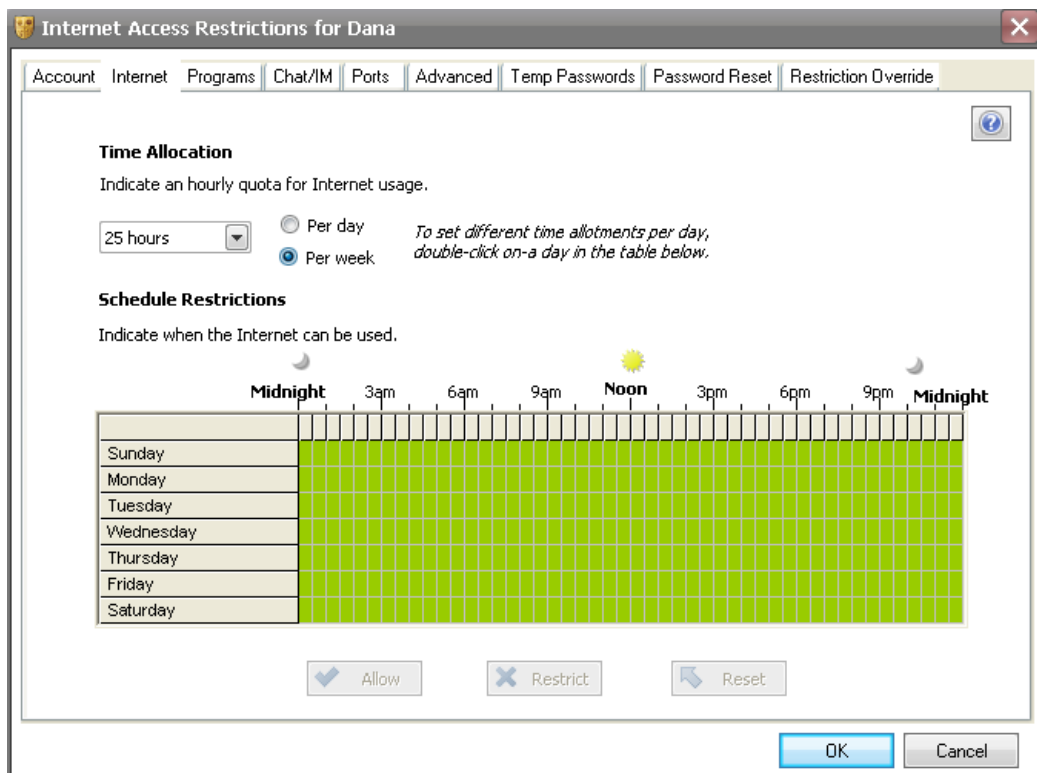
Internet restrictions allow you to set the number of hours and the times of day a child can use the Internet. You can establish different limits for different days. For example, you might want to restrict your child to two hours a day between 3 p.m. and 8 p.m. on school days, but to five hours a day between 9 a.m. and 9 p.m. on weekends.

## Note

Internet restrictions block all Internet access during the specified time frame. As an alternative, you can restrict access by individual programs that connect to the Internet (AOL Instant Messenger, Internet Explorer, Outlook Express, etc.), as described in “[Applying program restrictions](#)” on page 36, or you can restrict access by Web filtering, as described in “[Applying Web filtering restrictions](#)” on page 26.

### To set Internet restrictions:

1. Make sure you are logged into an Administrator account. Also make sure that the user is logged off.
2. Open the KidsWatch Home panel (see “[Opening and closing KidsWatch](#)” on page 11).
3. From the Home panel, you can either double-click the user’s name or select the name and click **Edit User**.
4. Click the **Internet** tab.



5. The Internet Restrictions window includes two sections for establishing Internet limits:
  - **Time Allocation.** Determines hours per day or week your child can use the Internet.

- **Schedule Restrictions.** Determines a schedule for Internet use based on the day of the week. Across the top of the timetable is the hour line, identifying the hours of a day in 30-minute increments. A green block indicates allowed minutes; a black block indicates restricted minutes.

6. Set a time allocation (hourly quota), as follows:

To set a fixed hourly quota for each day or week:	<ol style="list-style-type: none"> <li>1. Select the number of hours from the drop-down box in the <b>Time Allocation</b> section.</li> <li>2. Select either the <b>Per day</b> or <b>Per week</b> radio button. If you select <b>Per day</b>, every day has the same hourly quota.</li> </ol>
To set different hourly quotas for specific days:	<ol style="list-style-type: none"> <li>1. Select the <b>Per day</b> radio button from the <b>Time Allocation</b> section.</li> <li>2. From the drop-down box, you can optionally select the hourly quota for most of those days. (For example, if you want to set a one-hour quota on Monday through Friday, select “1 hour.” The timetable shows “1 hour” next to each day.)</li> <li>3. In the Schedule Restrictions timetable, double-click on a row for the day you want to change. An Hourly Quota window opens where you can select a quota from the drop-down box. Then click <b>OK</b>. (For example, if you want to set a three-hour quota on Saturday, double-click the row for Saturday and select “3 hours” from the drop-down box. The timetable shows “3 hours” next to Saturday, but the other days remain unchanged.)</li> </ol>

7. Set a schedule of restrictions (what times the Internet can be used), as follows:

To change restrictions in small increments (30 minutes):	<p>Click a block under the time line to toggle from green (allowed) to black (restricted).</p> <p><i>Tips:</i></p> <ul style="list-style-type: none"> <li>• To change a ½-hour increment for every day of the week, select an unlabeled box below the hour line.</li> <li>• To select multiple cells, hold down the Shift key while dragging the mouse.</li> </ul>
To change restrictions in larger increments:	<ol style="list-style-type: none"> <li>1. Position the cursor on the hour line at the beginning of the time you want, hold the left mouse button and drag to the end time (you can also drag the mouse down the rows for other days), then release the mouse button. If you make a mistake, select <b>Reset</b> to clear your selection.</li> <li>2. Select either <b>Allow</b> or <b>Restrict</b>, depending on what you want to specify for this time frame. When you are done, the time line shows the disallowed hours in black and the allowed hours in green.</li> </ol> <p><i>Tips:</i></p> <ul style="list-style-type: none"> <li>• To highlight (clear) all 24 hours in a day, select the name of a day at the far left of the table.</li> <li>• To highlight (clear) the entire schedule, select the unlabeled box above <b>Sunday</b>. This is useful for resetting the entire schedule.</li> </ul>

8. Save your changes by clicking **OK**.

### **How KidsWatch counts Internet time:**

When a user with Internet restrictions logs on to the computer, the clock is triggered to start counting Internet time. KidsWatch then monitors the computer for any Internet activity by detecting the flow of information packets to and from your computer to the Internet. If after five minutes it does not detect any such activity, it stops the clock. These five minutes are applied to the user's Internet time.

However, some Internet browsers such as Netscape Navigator, antivirus programs, and personal firewall software packages have "keep alive timers" that send information packets to the Internet every minute or sometimes more often. The same holds true for spyware that may have been maliciously installed on your computer. Unfortunately, these "keep alive timers" eat away at the user's allotted Internet time quota even though the user has not actively used the Internet at all.

To remedy the situation, you have a few options:

- Turn off the "keep alive timer" option, if possible. For further information, contact the vendor of the software package that you think is causing the problem.
- Set individual limits on programs that use the Internet, as opposed to limiting Internet time altogether. For example, limit Internet Explorer to two hours and AOL Instant Messenger to one hour a day.
- Set a schedule for Internet use as opposed to a time limitation.

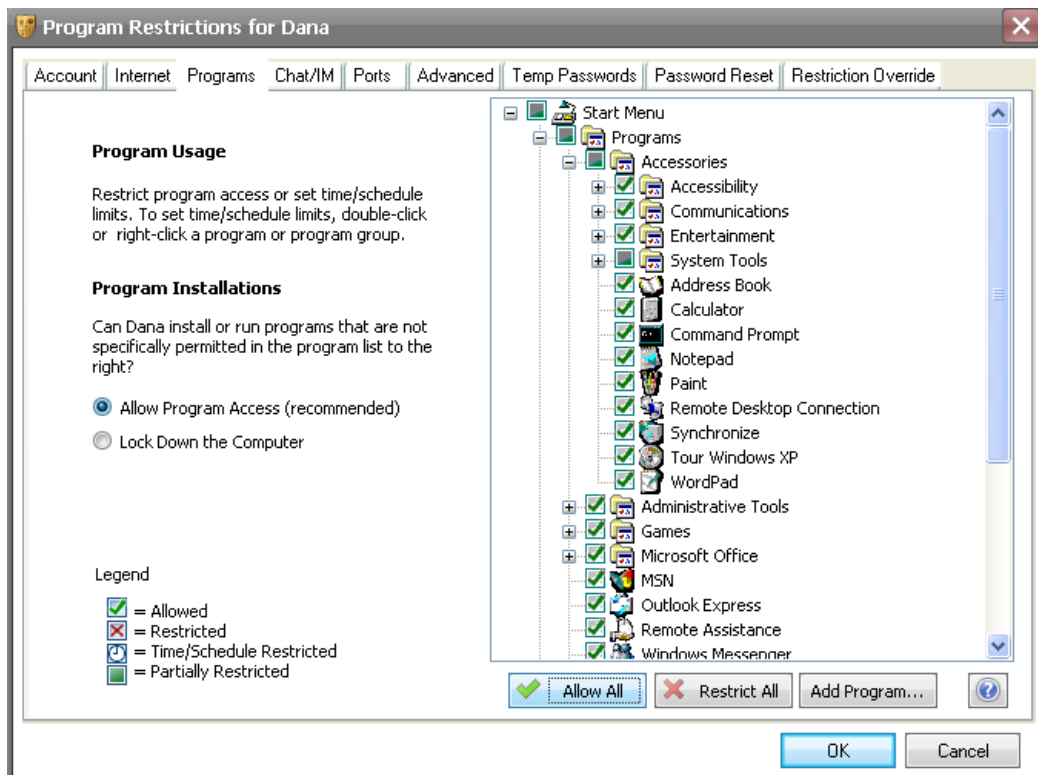
## **Applying program restrictions**

Program restrictions allow you to block a child from accessing specific programs or program groups on the computer. There are two methods for establishing program limits:

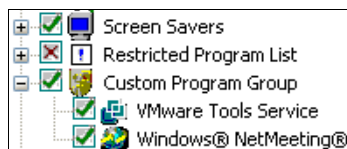
- **Partial Access.** Your child can use a program based on a time allocation and schedule restrictions.
- **Blocked Access.** Your child can never use a selected program.

**To set program restrictions:**

1. Make sure you are logged into an Administrator account. Also make sure that the user is logged off.
2. Open the KidsWatch Home panel (see "[Opening and closing KidsWatch](#)" on page 11).
3. From the Home panel, you can either double-click the user's name or select the name and click **Edit User**.
4. Click on the **Programs** tab.



KidsWatch detects programs by looking for the shortcuts found on your computer, then displays each program or program group on the right side of this screen. (A plus sign indicates a program group; click on the plus sign to expand the list.) If you have a program that you cannot find in the tree, click the **Add Program** button and browse to locate and select the program's executable file. The program then appears under the Custom Program group in the list.



### Note

Because screen savers are a special category of programs that are sometimes the source of computer viruses, KidsWatch creates a separate program group with the name **Screen Savers**. This provides you with the option of restricting or allowing each screen saver.

When you first open the Programs screen, the box to the left of each item shows a green checkmark indicating the corresponding program or group is not restricted. By clicking in a box, you restrict access.

The boxes next to the program names can include one of the following indicators:

Green checkmark:	The user has access to the corresponding program or program group.
Red X:	The user is restricted from using the corresponding program or program group.
Clock:	The user has time-restricted access to the corresponding program or program group. See <a href="#">“Providing partial access to programs”</a> on page 38.
Green box:	The user is restricted from accessing one or more programs within the group. Click on the plus sign to expand the group and locate the blocked program.

5. Under “Program Installations,” keep the **Allow Program Access** option selected, unless you want the most restrictive controls on your child’s ability to install and run software (for more information, see [“Locking down program access”](#) on page 40).
6. To allow your child time-limited access to a program, follow the instructions in the next section, [“Providing partial access to programs.”](#)
7. To block access to a program entirely, follow the instructions under [“Blocking access to programs”](#) on page 39.
8. When you are done, save your changes by clicking **OK**.

## Providing partial access to programs

You can restrict program access on certain days and times. For example, you can prevent your child from playing computer games on school days, yet allow games on weekends.

### To set limits based on a time schedule:

1. Right-click on the desired program or program group.  
The Program Restrictions window opens (similar to the Computer and Internet windows).
2. Set a time allocation (hourly quota), as follows:

To set a fixed hourly quota for each day or week:	<ol style="list-style-type: none"> <li>1. Select the number of hours from the drop-down box in the <b>Time Allocation</b> section.</li> <li>2. Select either the <b>Per day</b> or <b>Per week</b> radio button. If you select <b>Per day</b>, every day has the same hourly quota.</li> </ol>
To set different hourly quotas for specific days:	<ol style="list-style-type: none"> <li>1. Select the <b>Per day</b> radio button from the <b>Time Allocation</b> section.</li> <li>2. From the drop-down box, you can optionally select the hourly quota you want for most of those days. (For example, if you want to set a one-hour quota on Monday through Friday, select “1 hour.” The timetable shows “1 hour” next to each day.)</li> <li>3. In the Schedule Restrictions timetable, double-click on a row for the day you want to change. An Hourly Quota window opens where you can select a quota from the drop-down box. Then click <b>OK</b>. (For example, if you want to set a three-hour quota on Saturday, double-click the row for Saturday and select “3 hours” from the drop-down box. The timetable shows “3 hours” next to Saturday, but the other days remain unchanged.)</li> </ol>

Set a schedule of restrictions (what times the programs can be used), as follows:

<p>To change restrictions in small increments (30 minutes):</p>	<p>Click a block under the time line to toggle from green (allowed) to black (restricted).</p> <p><i>Tips:</i></p> <ul style="list-style-type: none"> <li>• To change a ½-hour increment for every day of the week, select an unlabeled box below the hour line.</li> <li>• To select multiple cells, hold down the Shift key while dragging the mouse.</li> </ul>
<p>To change restrictions in larger increments:</p>	<ol style="list-style-type: none"> <li>1. Position the cursor on the hour line at the beginning of the time you want, hold the left mouse button and drag to the end time (you can also drag the mouse down the rows for other days), then release the mouse button. If you make a mistake, select <b>Reset</b> to clear your selection.</li> <li>2. Select either <b>Allow</b> or <b>Restrict</b>, depending on what you want to specify for this time frame.</li> </ol> <p>When you are done, the time line shows the disallowed hours in black and the allowed hours in green.</p> <p><i>Tips:</i></p> <ul style="list-style-type: none"> <li>• To highlight (clear) all 24 hours in a day, select the name of a day at the far left of the table.</li> <li>• To highlight (clear) the entire schedule, select the unlabeled box above <b>Sunday</b>. This is useful for resetting the entire schedule.</li> </ul>

3. Click **OK** to return to the Program Restrictions window.

## Blocking access to programs

You can block access to a program completely. For example, you may want to block a child's access to some of your administrative tools or your personal financial software.

### To block access to a program:

1. You can restrict and allow access to programs in several ways:
  - For restricting just a few programs, locate the program for which you want to restrict access or limit use. Select the box to the left of the program. A red X replaces the green checkmark.
  - For restricting a large number of programs, select **Restrict All**. Then locate the programs for which you want to allow access and select the box to the left of the program. A green checkmark replaces the red X.

---

#### **Note**

The program list includes a Startup Group that may include antivirus and other programs that play an important role in the operation of your computer. Before choosing **Restrict All**, be sure to review this group for any programs that your computer needs to function properly. When in doubt, do not restrict any programs in the Startup Group.

---

2. When you are done, click **OK**.

## Locking down program access

The Program Installations section on the left side of the Programs tab includes the following options for controlling how your child can install and run programs:

- **Allow Program Access (recommended).** By keeping this option selected, your child can run all programs, except for those specifically set as “restricted” in the program list panel. We recommend that you keep this option selected, unless you want extremely tight controls on the software your child can install and run.
- **Lock Down the Computer.** By selecting this option, your child will not be permitted to run any programs, unless those programs are specifically set as “allowed” in the program list panel. You may want to set this option to prevent your child from installing or running any software unknown to you. Setting this option could also potentially stop viruses and other malware/spyware from downloading and running on the computer. See the instructions below for more information about locking down program access.

### To lock down program access:

1. Click on the **Programs** tab.
2. Under the Program Installations section, select the **Lock Down the Computer** box.
3. Click **OK**.



#### Caution

This option is extremely restrictive and blocks all program execution for your child’s account (unless set as “allowed” in the list). These blocked applications may include drivers and programs needed to support Windows.

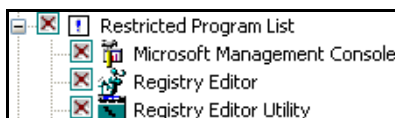
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4. Log into your child’s account, wait for Windows to fully load, and watch for any pop-ups that alert you about a restricted program.

The pop-up message will look similar to the example below:



5. Log back into your Administrator account and access the **Programs** tab again for your child’s user account. Scroll down the program list and locate the “Restricted Program List” group in the tree:



6. If any programs in this list are required to operate Windows or if you want to permit certain programs, make sure a green checkmark appears in the box for that program. If necessary, select the box.

The next time you or your child log into the child's user account, the pop-up messages will no longer open and the programs will be allowed. When you keep this Lock Down option set, KidsWatch blocks any new program installations that are initiated either by your child or by the operating system itself. KidsWatch will open a pop-up alert and list the blocked programs in the Restricted Program list.

## Updating or replacing existing programs

To properly monitor the system and prevent your child from bypassing any program restrictions you have set, KidsWatch monitors all program updates and prevents your child from updating or replacing any existing programs on the computer. All program updates must be implemented by the KidsWatch Administrator. If your child attempts to update or replace an existing program, the following message appears:

"The program xxx has changed. All program changes must be approved by your KidsWatch Administrator."

### **If you want to allow your child to use the updated program:**

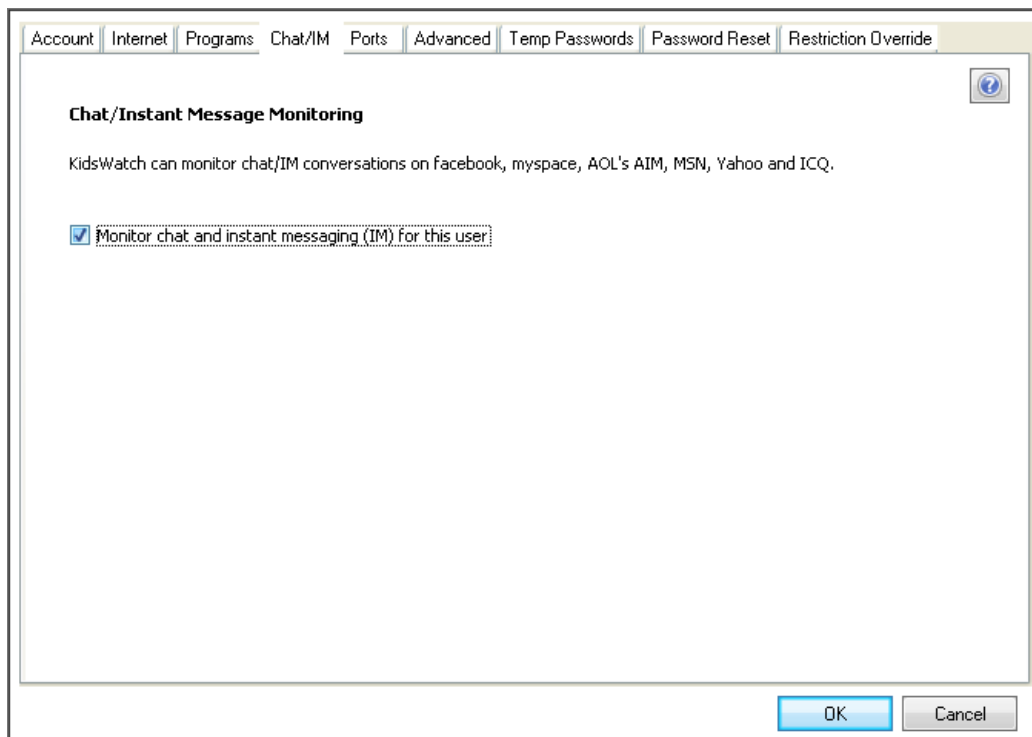
1. From the Home panel, select the account experiencing the problem.
2. Select the **Programs** tab and wait for all programs to refresh in the list.
3. Click **OK**.

# Monitoring chat and IM conversations

Chat monitoring will capture your child's conversations over Facebook, MySpace, and some Instant Messaging programs (AIM, MSN, Yahoo, and ICQ). The text from these chat conversations are sent to you in a report via e-mail (see [“Generating Chat/IM session reports”](#) on page 60).

## To set chat monitoring:

1. Make sure you are logged into an Administrator account. Also make sure that the user is logged off.
2. Open the KidsWatch Home panel (see [“Opening and closing KidsWatch”](#) on page 11).
3. From the Home panel, you can either double-click the user's name or select the name and click **Edit User**.
4. Click on the **Chat/IM** tab.



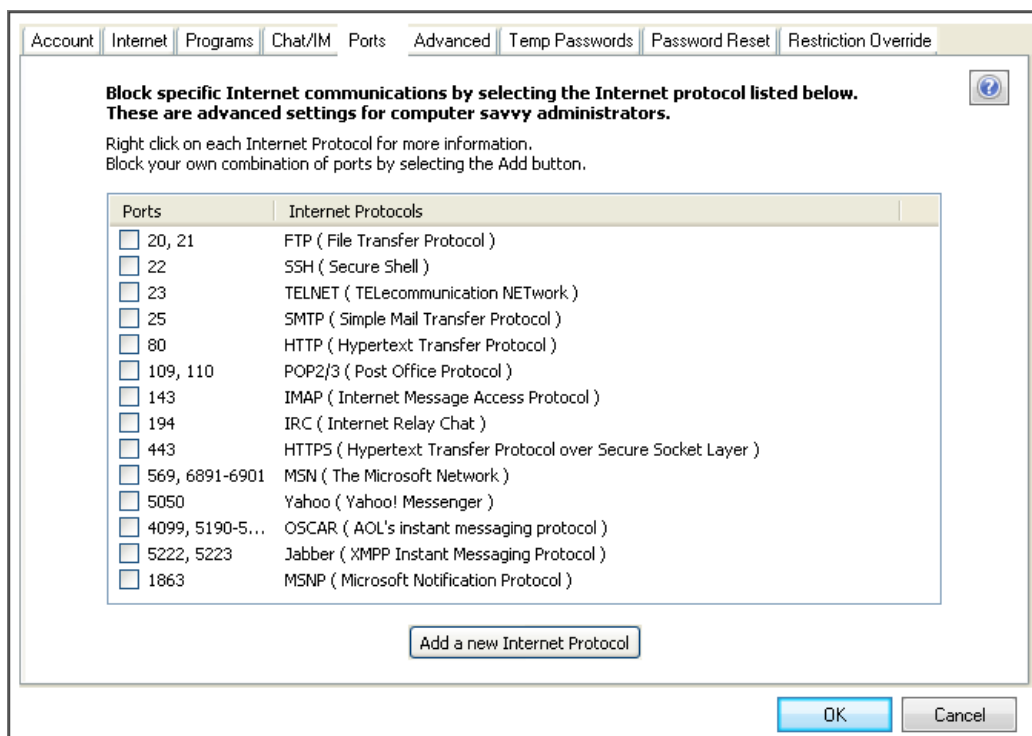
5. Click the check box.
6. Click **OK**.

# Restricting port access

If you are familiar with Internet port protocols, you may want to restrict your child's ability to communicate over certain computer ports. So for example, Port 443 is an SSL port that encrypts what you type, so it cannot be seen or captured while your data travels over the Internet. Port 443 is typically used when purchasing items online or entering credentials when you log into specific Web site accounts. To prevent your child from shopping online and logging into any Web site accounts, Facebook, MySpace, and the like, you can block port 443.

## To restrict port access:

1. Make sure you are logged into an Administrator account. Also make sure that the user is logged off.
2. Open the KidsWatch Home panel (see “Opening and closing KidsWatch” on page 11).
3. From the Home panel, you can either double-click the user's name or select the name and click **Edit User**.
4. Click on the **Ports** tab.



5. Click the check box for any port that you want blocked. If you want to add Internet ports to this list, click **Add a new Internet Protocol**.
6. Save your changes by clicking **OK**.

# Applying advanced restrictions for Windows

The Advanced section allows you to restrict access to Windows tools, certain drives, and other areas of your computer. These advanced restrictions prevent your child from modifying computer configurations.

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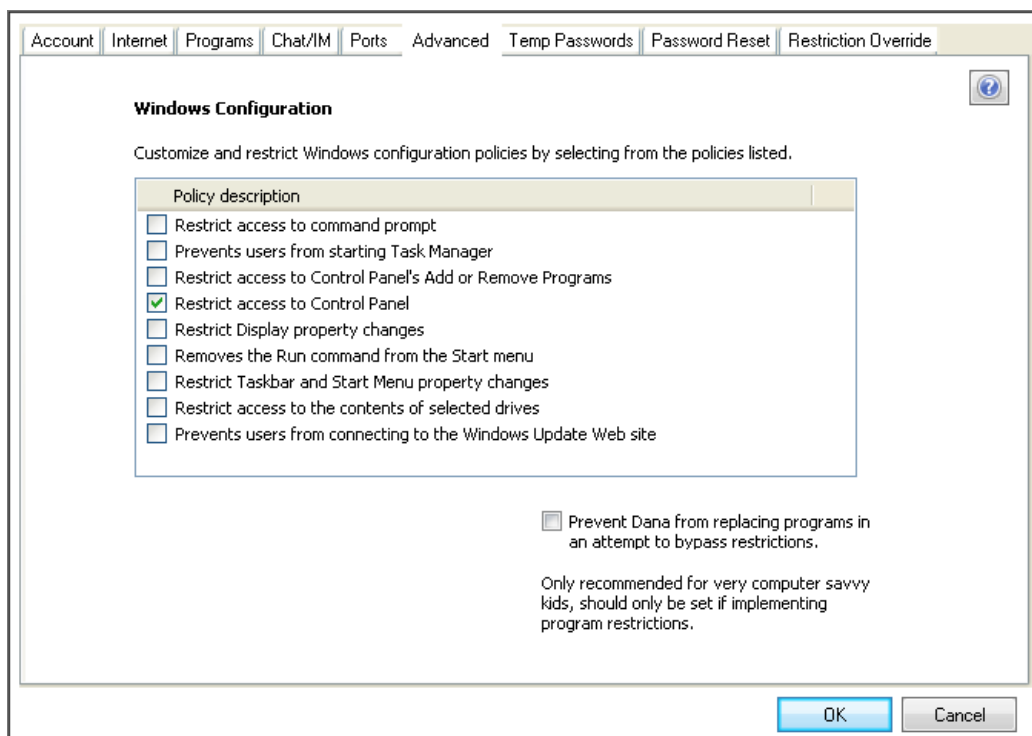
## Note

You will not be able to set options in the Advanced tab until the user has logged in at least once. If necessary, log in with the user's name and password, then log back out. If these options are still unavailable (grayed out), reboot your computer and log back in using the Windows Administrator account.

---

### To set Advanced restrictions:

1. Make sure you are logged into an Administrator account. Also make sure that the user is logged off.
2. Open the KidsWatch Home panel (see “Opening and closing KidsWatch” on page 11).
3. From the Home panel, you can either double-click the user's name or select the name and click **Edit User**.
4. Click on the **Advanced** tab.



5. In this window, you can restrict access by selecting the boxes next to the listed functions:
  - Command prompt, so your child cannot tamper with the computer's configuration.
  - Windows Task Manager, so your child cannot access status and configuration.
  - Control Panel's Add or Remove Programs, which prevents a child from adding a program that may be inappropriate or have undesired effects on computer performance.
  - All tools in the Control Panel.
  - Display property changes to limit the child from customizing these settings.
  - Run command from the Start menu, which prevents the child from running undesired functions and programs.
  - Taskbar and Start Menu properties to limit the child from customizing these items.
  - Contents of selected drives. If you select this option, the **Disc name** list appears below the table. Select the drive that you want to prevent the user from accessing.
  - Windows Update Web site, so your child cannot control software updates.
  - Replacing programs in an attempt to bypass restrictions.
  - Disabling Web browsing through Windows Explorer (XP only).
6. Save your changes by clicking **OK**.

# Creating temporary passwords for extensions

Temporary passwords are one-time use passwords that you can provide your child to extend computer, Internet or program time, or to bypass Web filtering. The password can be used only once and for just one restriction (for example, to extend computer use time, but not Internet use time). You determine the password and the amount of time for the extension, then give the password to your child for special circumstances. For example, your daughter is running out of computer time while she is still working on a homework assignment. She can enter the password to allow herself more time to finish, without assistance from you.

See the following topics:

- [Defining temporary passwords](#)
- [Using temporary passwords](#)

## Defining temporary passwords

You can create one or multiple temporary passwords for a user account.

### To create temporary passwords:

1. Make sure you are logged into an Administrator account. Also make sure that the user is logged off.
2. Open the KidsWatch Home panel (see [“Opening and closing KidsWatch”](#) on page 11).
3. From the Home panel, you can either double-click the user’s name or select the name and click **Edit User**.
4. Click on the **Temp Passwords** tab.

**Temporary Passwords**

Provide Dana with a password to extend usage time or bypass web filtering for a specific period of time. Temporary passwords are used by right-clicking on the system tray icon or the web filtering access denied page.

*Passwords are good for only one use.*

Computer time 15 minutes

+ Add Password

Password	Type	Duration
----------	------	----------

Remove selected

**Login Extension**

Indicate the number of minutes Dana will be permitted to log on to the computer after having exhausted their computer time or outside of their permitted schedule. This enables the user to extend their computer time using a temporary password.

No access

OK Cancel

5. Enter a password in the text box.

6. In the first drop-down box, select the activity to associate with this password:
  - Computer time.
  - Internet time.
  - Program time.
  - Bypass Web filtering. Note that if you select Bypass Web filtering, your child can use that password to disable *all* filtering for the period of time you specify and can then access any Web sites.
7. In the second drop-down box, select the period of time for which your child can extend the selected activity associated with the password.
8. Select **Add Password** to add it to the Temporary Passwords list.

You can continue creating more temporary passwords, if desired.

If you want to remove a password, highlight it in the list and click **Remove selected**. Remember that after the child uses a password, the password is removed from the list and can no longer be used.
9. To allow your child a few minutes to log on the computer after computer time has expired or during a time outside of their permitted schedule, select a length of time from the drop-down box in the **Login Extension** section.

Your child can then log on the computer and choose to extend computer, Internet, or program time.
10. Save your changes by clicking **OK**.

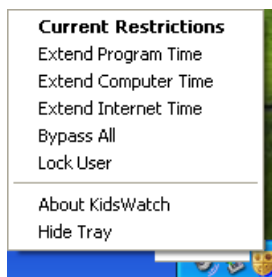
## Using temporary passwords

Your children or an Administrator can use temporary passwords to extend program, computer, or Internet time from the KidsWatch system tray icon or to bypass Web filtering from the Access Denied page that appears when a child has been blocked from accessing a Web site.

**To use a temporary password for extending program, computer, or Internet time, your child can do the following:**

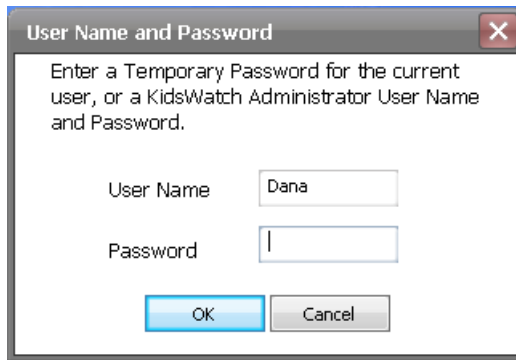
1. From Windows, position the cursor on the KidsWatch system tray icon (lower right corner of your screen, near the clock) and click the right mouse button.

The following pop-up menu opens.



2. Select **Extend Program Time**, **Extend Computer Time**, or **Extend Internet Time**.

The following window opens, with the first field displaying the name of the user currently logged in.



User Name and Password

Enter a Temporary Password for the current user, or a KidsWatch Administrator User Name and Password.

User Name Dana

Password

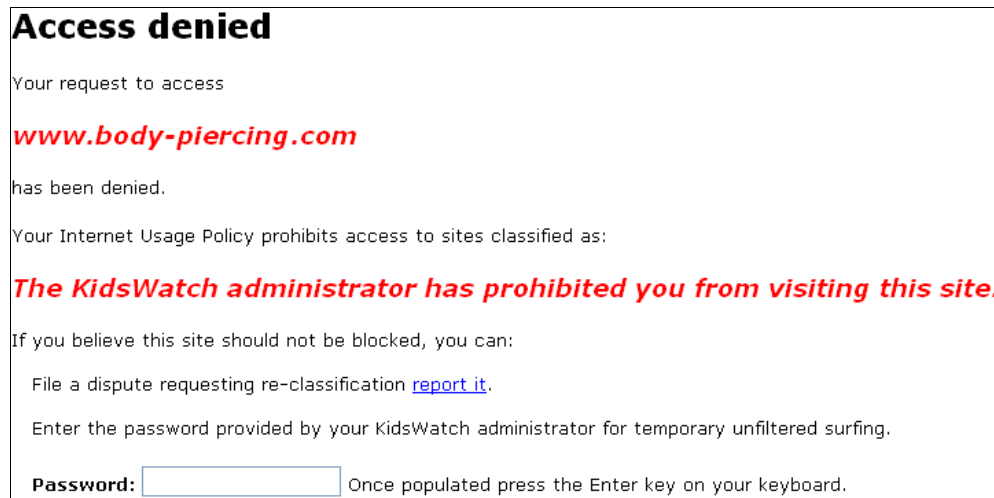
OK Cancel

3. In the User Name field, keep the displayed name (the user currently logged in) or enter the Administrator user name.
4. In the Password field, enter the temporary password or the Administrator's password, depending on which user is entered in the User Name field.
5. Click **OK**.

Your child now has the additional time associated with the password. (Time can only be extended until the end of the current day.)

**To use a temporary password to bypass Web filtering, your child can do the following:**

1. When an Access Denied window opens (similar to the example below), position the cursor in the Password field.



**Access denied**

Your request to access

**www.body-piercing.com**

has been denied.

Your Internet Usage Policy prohibits access to sites classified as:

**The KidsWatch administrator has prohibited you from visiting this site.**

If you believe this site should not be blocked, you can:

File a dispute requesting re-classification [report it](#).

Enter the password provided by your KidsWatch administrator for temporary unfiltered surfing.

**Password:**  Once populated press the Enter key on your keyboard.

2. Enter the temporary password and press **Enter**.

Your child can now access the site.

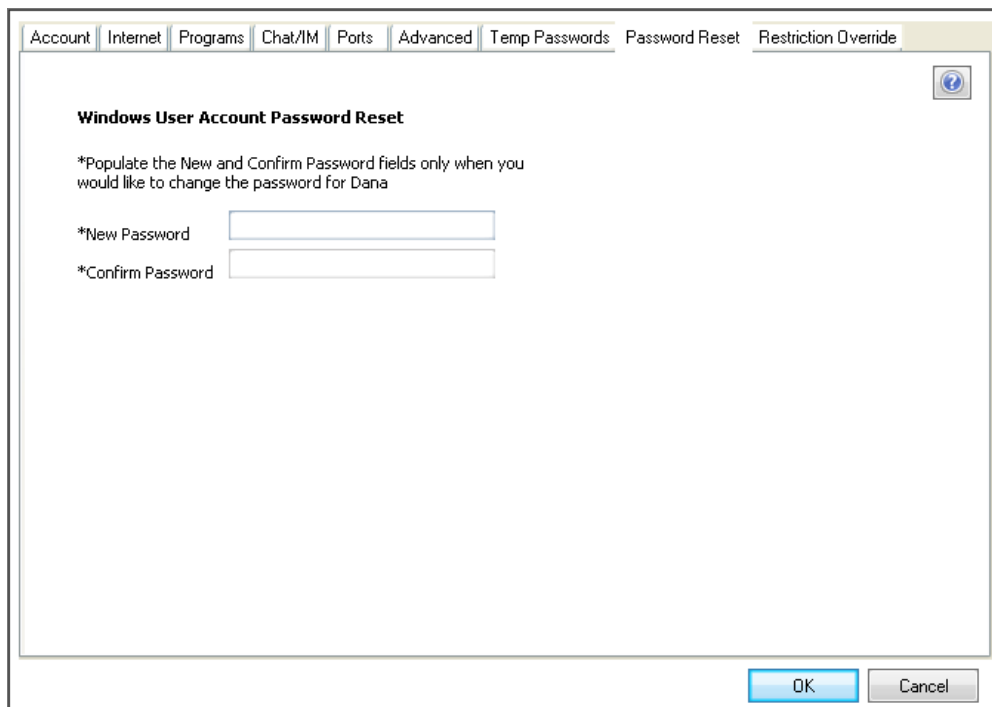
# Changing a user's password

As an Administrator, you can change a password for any user. (Users can also set their own passwords in the User Accounts section of the Windows Control panel.)

## To change the password for a user:

1. Make sure you are logged into an Administrator account. Also make sure the user is logged off.
2. Open the KidsWatch Home panel (see [“Opening and closing KidsWatch”](#) on page 11).
3. From the Users panel on the Home panel, select the desired user account.
4. Click **Edit User**.
5. Click the **Password Reset** tab.

The Password Reset panel opens.



The screenshot shows a dialog box titled "Windows User Account Password Reset". The dialog has a tabbed interface with tabs for "Account", "Internet", "Programs", "Chat/IM", "Ports", "Advanced", "Temp Passwords", "Password Reset", and "Restriction Override". The "Password Reset" tab is selected. Inside the dialog, there is a heading "Windows User Account Password Reset" and a sub-heading "Windows User Account Password Reset". Below this, there is a note: "\*Populate the New and Confirm Password fields only when you would like to change the password for Dana". There are two text input fields: "\*New Password" and "\*Confirm Password". At the bottom right of the dialog, there are "OK" and "Cancel" buttons.

6. Enter a new password in the **New Password** field.
7. Retype the password in the **Confirm Password** field.
8. Click **OK**.

# Suspending restrictions for a user

If you want to temporarily lift all restrictions for a user without making changes to the profile, you can use the Restriction Override feature. After a time period you specify for the suspension, KidsWatch automatically reinstates the previous restrictions.



## Caution

Be aware that by suspending restrictions, you are allowing your child *complete access* to all programs, Windows tools, and Internet sites — even mature content on the Web.



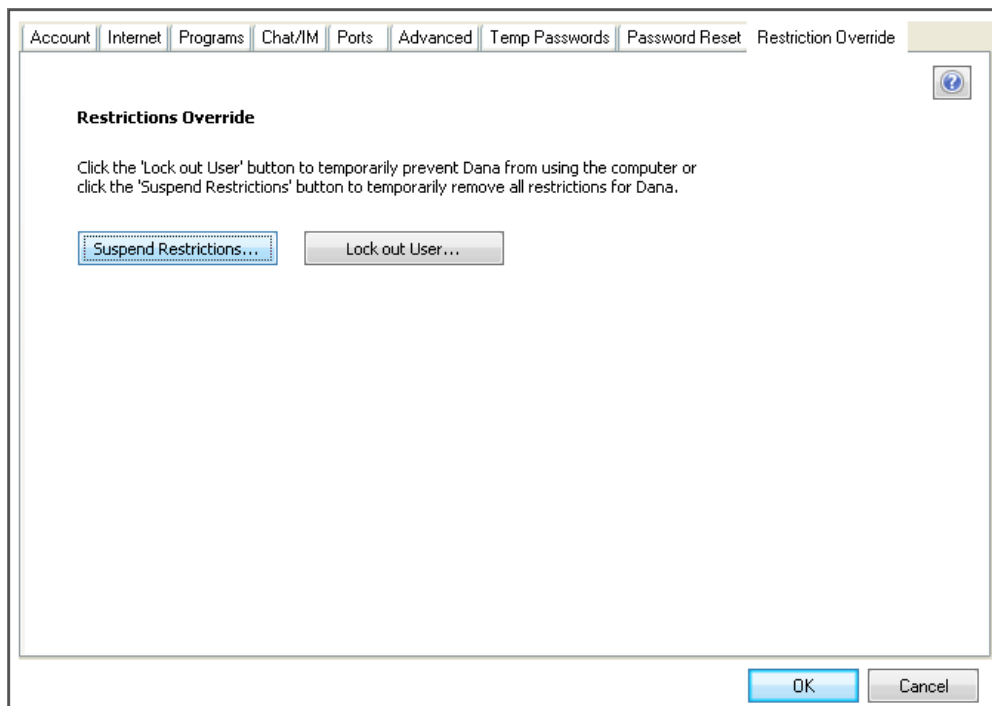
## Note

You can also suspend restrictions from the system tray while your child is logged in to the computer or by using the Remote application. See [Chapter 5, “System Tray Icon Controls”](#) on page 71 or [Chapter 6, “Remote Administration”](#) on page 77.

### To suspend restrictions:

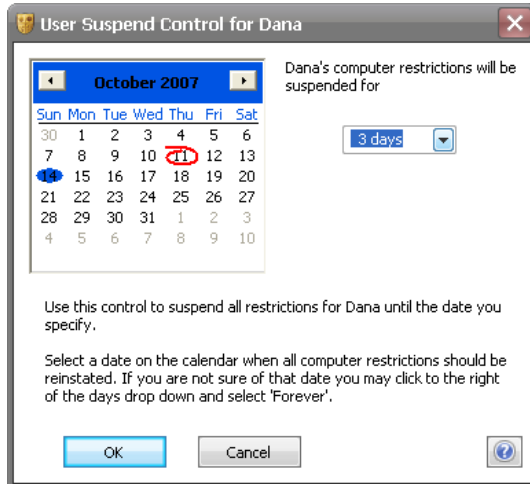
1. Make sure you are logged into an Administrator account.
2. Open the KidsWatch Home panel (see [“Opening and closing KidsWatch”](#) on page 11).
3. From the Users panel on the Home panel, select the desired user account.
4. Click **Edit User**.
5. Click the **Restriction Override** tab.

The Restriction Override panel opens.



6. Click **Suspend Restrictions**.

A User Suspend Control window opens.



7. Select the date that the restrictions will be reinstated by using either the calendar or the drop-down box:

- **Calendar:** To determine an exact date when your child’s computer restrictions will resume, select the date from the calendar. You can use the arrows at the top of the calendar to select a different month.
- **Drop-Down box:** If you want to specify the number of days until your child’s computer restrictions will resume, select a number from the drop-down box. If you are not sure how long you want to suspend restrictions, select “Forever” from the drop-down box. If you select “Forever,” you can enforce restrictions again by selecting **Reinstate Restrictions** from the **Restriction Override** tab.

8. Click **OK**.

The **Suspend Restrictions** button changes to **Reinstate Restrictions**. Later, if you want to re-enforce restrictions before your specified date, select the **Reinstate Restrictions** button from the **Account** tab.

The Home panel shows “Restrictions Suspended until xx/xx/xxxx” next to the user name. You can also right-click on the user name from the Home panel to see the Bypass information.

# Locking out a user

You can temporarily prohibit your child from logging into the computer for a time period you determine. After the specified period, KidsWatch automatically reinstates the child's access.

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## Note

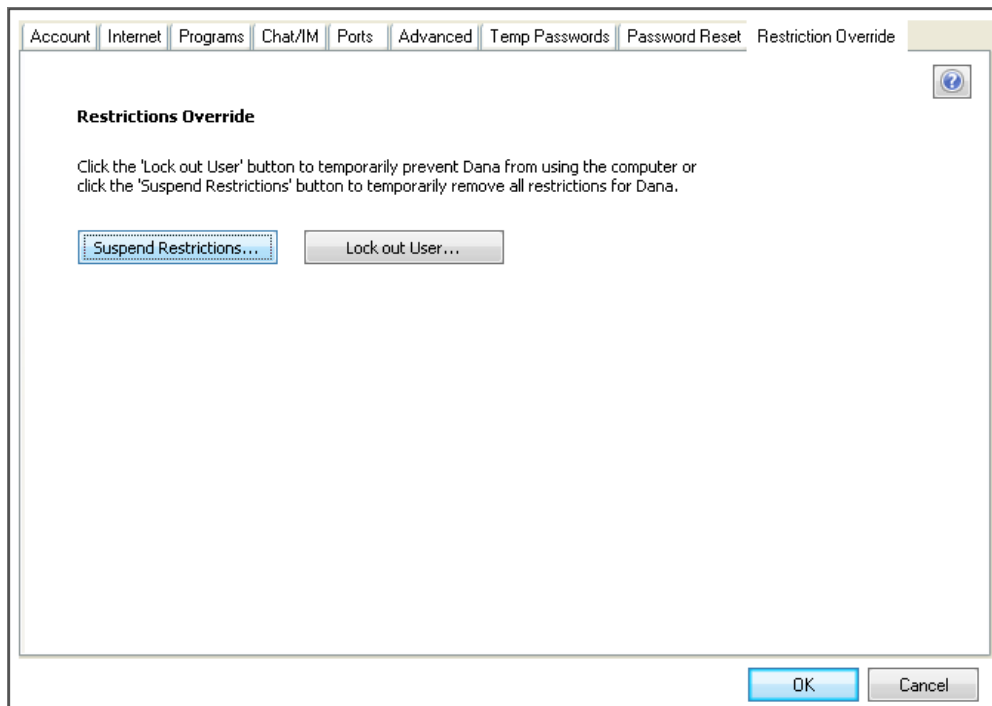
You can also lock out a user from the system tray while your child is logged in to the computer or by using the Remote application. See [Chapter 5, “System Tray Icon Controls”](#) on page 71 or [Chapter 6, “Remote Administration”](#) on page 77.

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### To lock out a user:

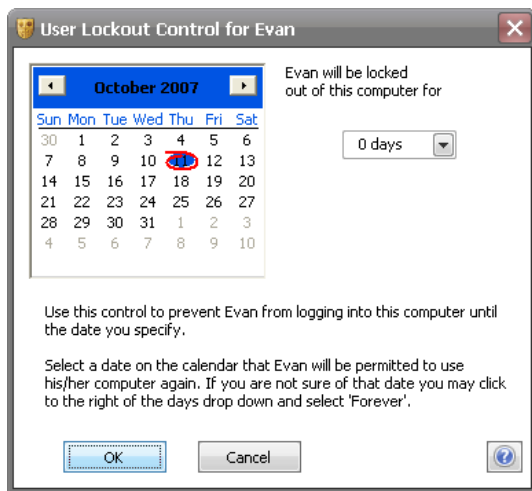
1. Make sure you are logged into an Administrator account.
2. Open the KidsWatch Home panel (see [“Opening and closing KidsWatch”](#) on page 11).
3. From the Users panel on the Home panel, select the desired user account.
4. Click **Edit User**.
5. Click the **Restriction Override** tab.

The Restriction Override panel opens.



6. Click **Lock out User**.

A User Lockout Control window opens.



7. Select the date your child can resume using the computer from either the calendar or the drop-down box:
  - **Calendar:** To determine an exact date when your child can resume computer use, select the date from the calendar. (You can use the arrows at the top of the calendar to select a different month.)
  - **Drop-Down box:** If you want to specify the number of days until your child can resume computer use, select a number from the drop-down box. If you are not sure how long you want to enforce restrictions, select “Forever” from the drop-down box. If you select “Forever,” you can resume access again by selecting **Unlock User** from the **Account** tab.
8. Click **OK**.

The **Lock out User** button changes to **Unlock User**. If you want to unlock the user before your specified date, select **Unlock User** from the **Restriction Override** tab.

The Home panel shows “Locked Out until xx/xx/xxxx” next to the user name. You can also right-click on the user name from the Home panel to see the Lockout information.

## Resetting the computer’s clock

If a computer’s clock needs resetting, only an Administrative user should perform this task while other users are logged off the computer. To reset your computer’s clock, select **Date and Time** in the Windows Control Panel or select the date in the system tray. Once you reset the clock, reset the date and time stamp associated with Computer, Internet, and Program restrictions for each user.

### To reset the schedule:

1. Make sure you are logged into an Administrator account.
2. Start KidsWatch.
3. Select a user and click **Edit User**.
4. Select the **Programs** tab.
5. Select **OK**.
6. Repeat these steps for each user.

Although KidsWatch restricts all non-administrators from changing the computer clock, if a restricted user happens to reset the computer's clock backwards, they are locked out of the computer. There are two options to remedy this situation:

- Go to Windows Control Panel and correct the time by selecting **Date and Time**.
- Reset Computer, Internet, and Program restrictions for each user in KidsWatch using the previous procedure.



# 3: Reports

---

Use Reports to review the Web sites your children visit, the programs they use, and the time and date they were active on the computer. You can generate reports on demand or configure scheduled reports that you can receive over e-mail on a daily, weekly, or monthly basis.

If you are concerned that a child might be attempting to access restricted Web sites, you can use the Real-Time Alerts feature to send you an instant e-mail if your child attempts to bypass your restrictions.

To configure KidsWatch reporting, see the following topics:

- [Creating scheduled reports](#)
- [Running a report on demand](#)
- [Reviewing reports](#)
- [Generating Chat/IM session reports](#)
- [Configuring real-time alerts](#)
- [Using Predator Watch](#)

## Creating scheduled reports

You can create scheduled reports that will be sent to your e-mail address on a daily, weekly, or monthly basis. A report shows details for a single user account and shows either time spent on the computer, visited Web sites, or program activity. You can create multiple, scheduled reports for all users and for each of the activities. For example, you have two children (Dana and Evan) and want to schedule reports on two of their activities (time spent on the computer and visited Web sites). You will need to create four scheduled reports: Dana's Computer Usage, Dana's Visited Web Sites, Evan's Computer Usage, and Evan's Visited Web Sites.



### Note

Make sure you have defined an e-mail address where the report will be sent. See [“Setting e-mail options”](#) on page 68.

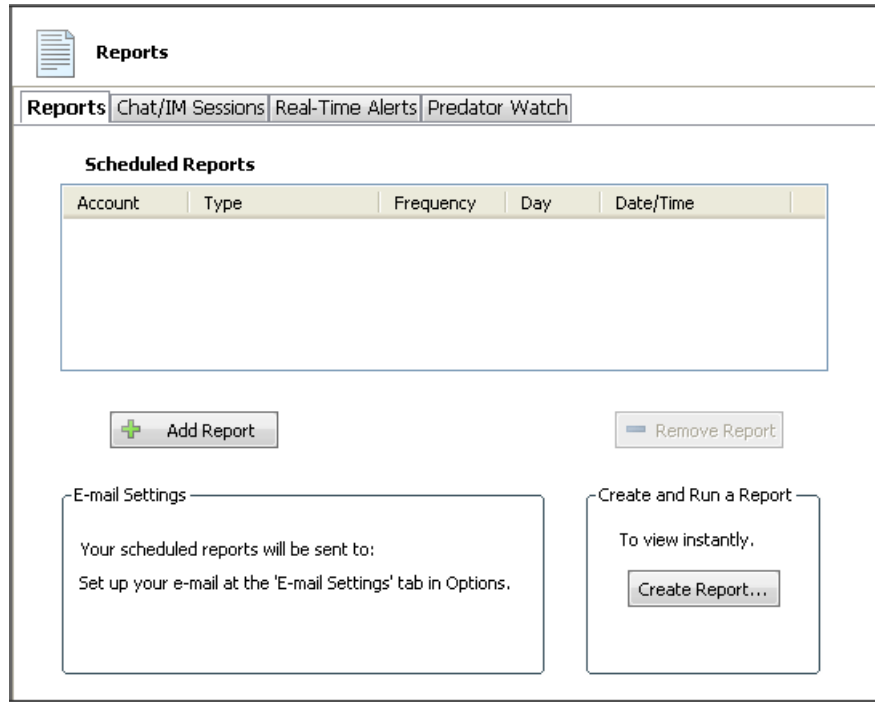
Your computer must be powered on during the time you have the scheduled reports set to run. If it is not powered on, you will not receive that particular report.

---

### To create scheduled reports:

1. Make sure you are logged into an Administrator account.
2. Open the KidsWatch Home panel (see [“Opening and closing KidsWatch”](#) on page 11).
3. From the Home panel, select **Reports**.
4. Click on the **Reports** tab.

The Reports window opens.



5. Select **Add Report** in the middle of the panel.

The Add a Scheduled Report window opens.

6. From the **Users** field, select the desired user.
7. From the **Type** field, select the activity to include in this report:
  - **Computer Usage:** Length of time your child used the computer.
  - **Visited Web Sites:** Web sites accessed and the number of times the child accessed the site.
  - **Program Usage:** Programs accessed and how long your child accessed them.
8. In the **Frequency** field, select how often to generate this report: Daily, Weekly, or Monthly.
9. In the **Run On** field, select the month or day (if applicable) and the time to run the report.
10. Click **OK**.

A description of the report appears in the **Schedule** field. The report will be sent to the e-mail address specified in the Options settings at the day and time selected.

---

 **Note**

To generate and send reports, your computer must be running.

---

To remove a scheduled report, click on the report in the **Scheduled Reports** table, then click on **Remove Report**.

# Running a report on demand

If you don't want to wait for a scheduled report, you can generate an immediate report that shows your child's computer activity, visited Web sites, or program activity. The report will open in a browser window for you to view.

## To run an immediate report:

1. Make sure you are logged into an Administrator account.
2. Open the KidsWatch Home panel (see “Opening and closing KidsWatch” on page 11).
3. From the Home panel, select **Reports**.
4. Click on the **Reports** tab, if it is not already selected.
5. Select the **Create Report...** button at the bottom right.

The Create a Report window opens.



6. From the **Users** field, select the desired user.
7. From the **Type** field, select the activity to include in this report:
  - **Computer Usage:** Length of time your child used the computer.
  - **Visited Web Sites:** Web sites accessed and how many times your child accessed the sites. In the Visited Sites Summary report, you can click on a Web site in the list to open the site in your browser. This is helpful if you want to review the site and determine if it is not appropriate.
  - **Program Usage:** Programs accessed and how long your child accessed them. The programs listed include the full path and executable name of the program.
8. In the **From:** field, enter a date or use the drop-down box to select a date from the calendar. This will be the starting date of information to include in the report.
9. In the **To:** field, enter a date or use the drop-down box to select a date from the calendar. This will be the ending date of information to include in the report.
10. Click **OK**.

The report generates and opens in a browser window.

# Reviewing reports

By reviewing reports, you can determine if your children's restrictions should be modified. For example, you generate both a Visited Web Sites report and a Computer Usage report for your teenage daughter and the reports indicate that she is spending the fully allowed 6 hours a day every day surfing the Internet. You can modify her restrictions to reduce her time allotments or you can block particular Web sites entirely.

## Computer Usage report

The following example is a Computer Usage report, which lists the total time your child was logged on to the computer and the individual time periods your child was logged on.

**KidsWatch Computer Usage Report for: Evan**  
**Period: From 10/24/2007 To 10/24/2007 10:12:22 AM**

Computer Usage Summary

Date	Total Computer Time
10/24/2007	00:33:01

Evan was logged on to this computer during the following time periods:

Date	From	To
10/24/2007	9:35:24 AM	10:08:25 AM

## Visited Web Sites report

The following example is a Visited Web Sites report, which lists the addresses of sites a child has visited and the number of visits to those sites.

**KidsWatch Visited Web Sites Report for: Dana**  
**Period: From 10/24/2007 To 10/24/2007 9:52:11 AM**

Visited Sites Summary

Web Sites Visited	Number of Visits
www.microsoft.com	2
www.myspace.com	1
www.msn.com	1
www.abmr.net	1
view.atdmt.com	1
rad.msn.com	1
pagead2.google syndication.com	1
msnportal.112.2o7.net	1
home.microsoft.com	1
g.msn.com	1
dewb.myspace.com	1
desb.myspace.com	1
deeb.myspace.com	1
b.rad.msn.com	1
a.rad.msn.com	1

Dana visited the following web sites during the dates and times indicated:

Web Sites Visited	Date	Time
a.rad.msn.com	10/24/2007	9:38:00 AM
b.rad.msn.com	10/24/2007	9:38:00 AM
deeb.myspace.com	10/24/2007	9:38:12 AM
desb.myspace.com	10/24/2007	9:38:13 AM

Tips for using the Visited Web Sites report:

- The addresses in the Web Sites Visited column are links. If you aren't familiar with a site address and want to review its content, click on the link to load the site in your browser. If you determine that a Web site is inappropriate, you can cut and paste the address into the Restricted Sites list of the Web Filtering tab or you can block all related Web sites that fall into a subcategory, such as Shopping: Lingerie and Swimsuits. (See “[Applying Web filtering restrictions](#)” on page 26.) Once a site is restricted, KidsWatch blocks your child from accessing it.
- If you see an unusual amount of advertising sites appear on this list, you should run an antispyware and antivirus program, such as Webroot AntiVirus with AntiSpyware, to locate and quarantine potential threats that may have downloaded to your computer.

## Program Usage report

The next example shows a Program Usage report, which lists programs a child used for a selected time period. The list provides the full path (folder location) of the programs' executable files.

**KidsWatch Program Usage Report for: Evan**  
**Period: From 10/24/2007 To 10/24/2007 10:09:14 AM**

Program Usage Summary

Program	Total Time
c:\program files\windows nt\pinball\pinball.exe	0:21:18
c:\windows\system32\winmine.exe	0:10:19
c:\program files\internet explorer\iexplore.exe	0:00:09
c:\windows\explorer.exe	0:00:04

Evan used the following programs during the dates and times indicated:

Date	From	To	Program
10/24/2007	9:35:42 AM	9:35:51 AM	c:\program files\internet explorer\iexplore.exe
10/24/2007	9:36:12 AM	9:57:30 AM	c:\program files\windows nt\pinball\pinball.exe
10/24/2007	9:36:31 AM	9:36:33 AM	c:\windows\explorer.exe
10/24/2007	9:58:00 AM	10:08:19 AM	c:\windows\system32\winmine.exe
10/24/2007	9:58:15 AM	9:58:16 AM	c:\windows\explorer.exe
10/24/2007	10:08:22 AM	10:08:23 AM	c:\windows\explorer.exe

Tips for using the Program Usage report:

- If you aren't familiar with a particular program, you can cut and paste the program's executable name (for example, spysweeperui.exe) into the Windows Run dialog box (select **Start** > **Run**), then select **OK** to run the application. If you determine that you do not want your child to run an application, you can block access to it (see “[Applying program restrictions](#)” on page 36).
- This report also lists programs that run automatically in the background or other programs your child may not have actively accessed. For example, if Webroot AntiVirus with AntiSpyware was running a scheduled sweep while your child was logged on, its executable file is listed in this report. Make sure you have not restricted access to these types of programs; otherwise, KidsWatch will block it from running while your child is logged on to the computer and could put your computer security at risk.

# Generating Chat/IM session reports

The Chat/IM Sessions tab allows you to view a log of your child’s chat dialog over a date range you specify. This report captures all typed conversations, both sent and received, entered in Facebook, MySpace, and Instant Messaging (IM) software, such as AIM and Yahoo Messenger.

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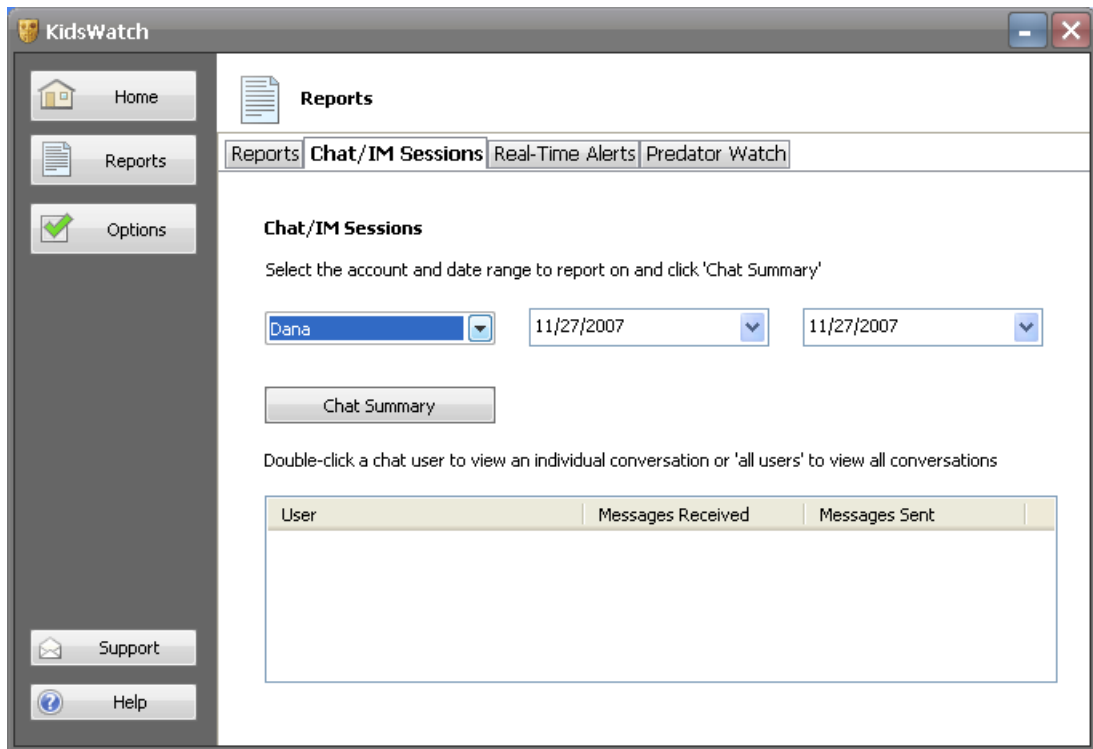
## Note

You can also configure KidsWatch to send you e-mail alerts when certain terms are used in your children’s messages, such as “drunk” or “drugs.” See [“Configuring real-time alerts”](#) on page 61.

---

### To view Chat/IM sessions:

1. Make sure you are logged into an Administrator account.
2. Open the KidsWatch Home panel (see [“Opening and closing KidsWatch”](#) on page 11).
3. From the Home panel, select **Reports**.
4. Click on the **Chat/IM Sessions** tab.



5. From the drop-down boxes, select your child’s user name and a date range.
6. To view conversations, you can:
  - Click the **Chat Summary** button to view a comprehensive chat log, which provides a summary of messages sent and received.
  - Double-click on an individual chat user in the dialog box at the bottom of the panel to view specific messages between your child and that person.

A Chat Summary report is shown below.

Chat Users	Messages Received	Messages Sent
Billy0123	81	65
Karen4567	37	45

## Configuring real-time alerts

You can configure KidsWatch to send you an instant e-mail alert in the following situations:

- If your child attempts to access restricted Web sites. For example, you tell your teenage son that he may not access any Web content in the “Mature” category and you set the appropriate restrictions in the Web Filtering tab. Later, if he attempts to access a Web site dedicated to guns and weapons (or any other content considered “Mature”), you will receive an e-mail notification.
- If your child sends or receives a chat message containing a flagged term. For example, your daughter receives an instant message with the word “drunk” in it. Since the word “drunk” is in the flagged list, you will receive an e-mail alert that shows an excerpt of the conversation.



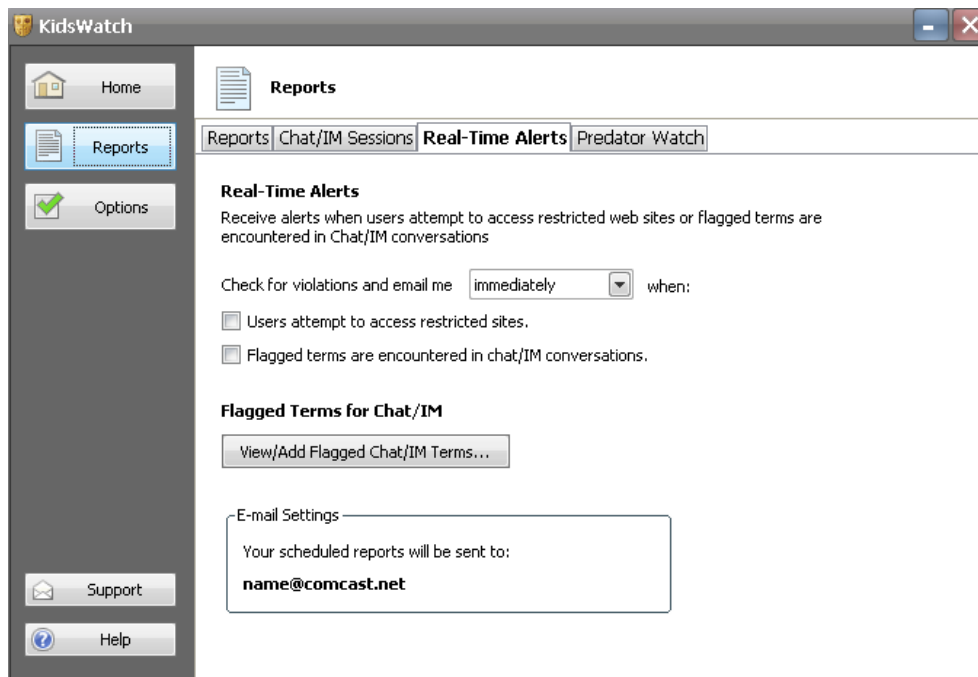
### Note

To receive real-time alerts, you must define an e-mail address where the alert will be sent. See [“Setting e-mail options”](#) on page 68.

---

### To configure real-time alerts:

1. Make sure you are logged into an Administrator account.
2. Open the KidsWatch Home panel (see [“Opening and closing KidsWatch”](#) on page 11).
3. From the Home panel, select **Reports**.
4. Select the **Real-Time Alerts** tab.



5. In the drop-down box, select how often you want to receive e-mails when a child attempts to access a restricted site or when a chat message contains a flagged term.
6. Select one or both of the following boxes for these situations:
  - Users attempt to access restricted sites.
  - Flagged terms are encountered in chat/IM conversations
7. If you want to view or modify the flagged terms, click the **View/Add Flagged Chat/IM Terms** button. In the dialog box, you can remove and add terms to customize the list, then click **OK** to exit the Flagged Terms panel.

---

**i Note**

We recommend that you add your family's contact information (name, address, and telephone number) to the Flagged Terms, to alert you when your child gives out personal information.

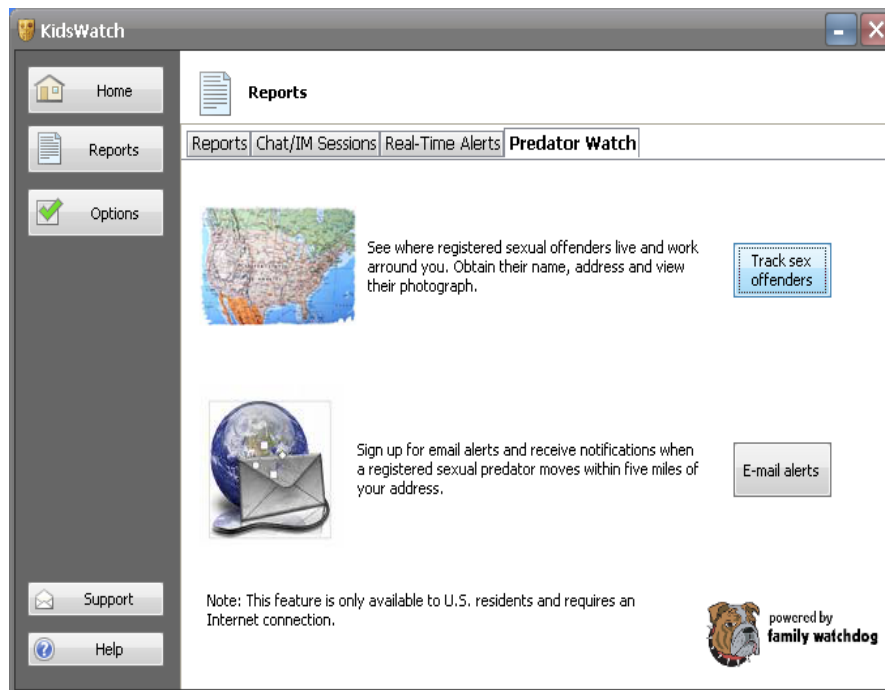
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# Using Predator Watch

The Predator Watch tab allows you to view a map of where registered sex offenders live or work in your neighborhood. The Predator Watch information provides a photo (if available), previous convictions, and a description of each sex offender listed. You can also sign up for e-mail alerts to be notified when a sex offender moves into your neighborhood.

## To use Predator Watch:

1. Make sure you are logged into an Administrator account.
2. Open the KidsWatch Home panel (see “Opening and closing KidsWatch” on page 11).
3. From the Home panel, select **Reports**.
4. Click on the **Predator Watch** tab.



5. Click on the **Track sex offenders** button to view a list of registered sex offenders living or working in your area.
6. Click on the **E-mail alerts** button to sign up for e-mail alerts when a registered sex offender moves into your neighborhood.



# 4: Options

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To configure options for KidsWatch, see the following topics:

- [Setting a time limit warning](#)
- [Setting Web Filtering options](#)
- [Setting e-mail options](#)
- [Setting miscellaneous options](#)

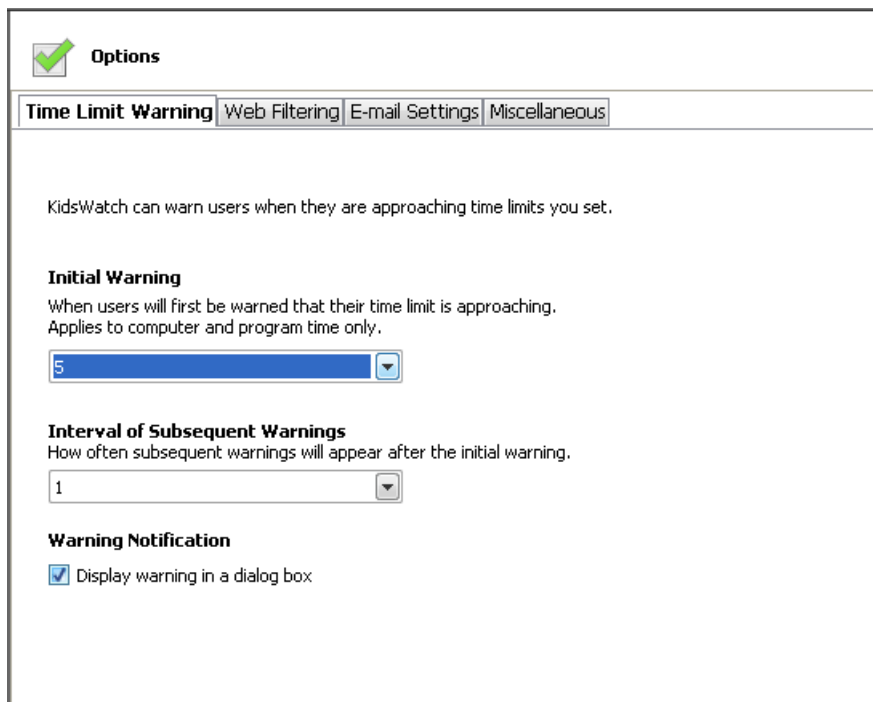
## Setting a time limit warning

You can configure KidsWatch to warn your children when their time expiration is approaching for computer or program use. By default, the initial warning is set to five minutes, but you can change it or turn it off entirely. The warning time you set will apply to all user accounts (you cannot set different time limits for individual users).

**To set time expiration warnings:**

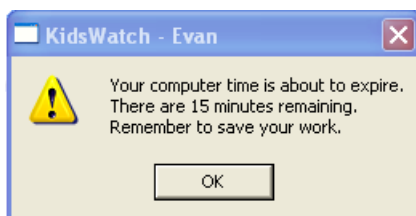
1. Make sure you are logged into an Administrator account.
2. Open the KidsWatch Home panel (see [“Opening and closing KidsWatch”](#) on page 11).
3. From the Home panel, click **Options**.

The Options window opens.



4. Under **Initial Warning**, select the amount of time in minutes before the first warning message appears, informing users that computer or program time is about to expire. If you do not want warning messages displayed, select **0**.
5. Under **Interval of Subsequent Warnings**, select the interval in minutes after which subsequent warnings appear. The options available in this field depend on the selected value in the **Initial Warning** field.
6. Leave the box checked next to **Display warning in a dialog box**.

When the user's time limit approaches, KidsWatch displays a warning in a pop-up dialog box, similar to the example below:



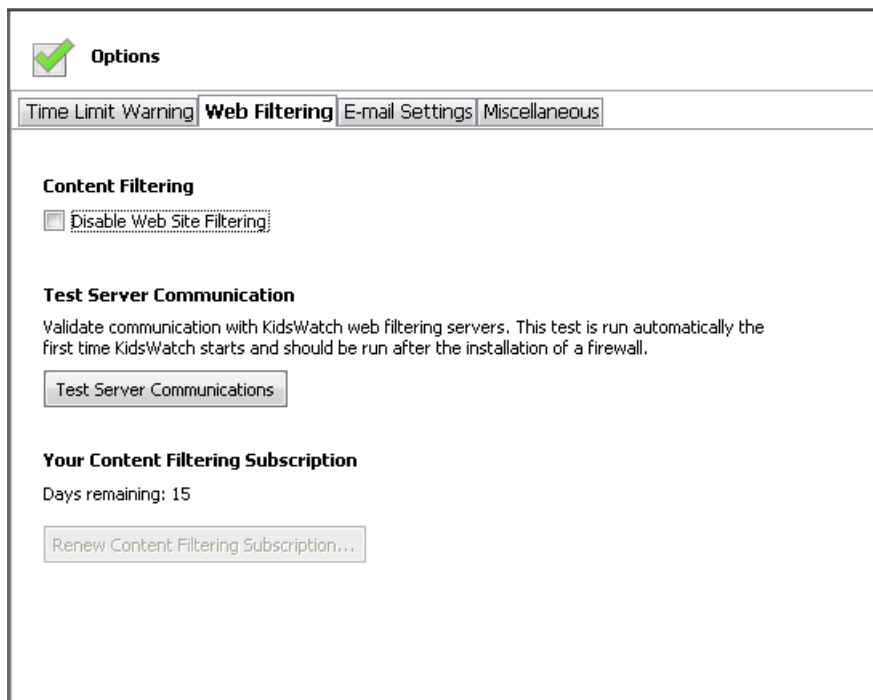
# Setting Web Filtering options

KidsWatch provides a one-year subscription to a Web Filtering service, which includes a list of sites categorized as inappropriate for children. Our development team frequently updates this list with new sites that are unsuitable for younger viewing. If a restricted user loads a Web page when Web Filtering is enabled, your computer pings our Web Filtering service. If the Web page is on a restricted list, KidsWatch blocks your child from accessing the site and displays a “Site Access Denied” message.

By default, the Web Filtering service is enabled. If you want to disable the Web Filtering service, test your connection with the service, or update your subscription, you can use the Web Filtering tab. For more information about setting Web Filtering for each restricted user, see “[Applying Web filtering restrictions](#)” on page 26.

## To set Web filtering options:

1. Make sure you are logged into an Administrator account.
2. Open the KidsWatch Home panel (see “[Opening and closing KidsWatch](#)” on page 11).
3. From the Home panel, click **Options**.
4. Click the **Web Filtering** tab.



5. If you want to stop KidsWatch from filtering content on the Web, select the check box next to **Disable Web Site Filtering**. Be aware that when Web Site Filtering is disabled, your children have unrestricted access to the Internet.
6. If you need to validate communications with the Web Filtering servers (for example, after you have installed firewall software), select **Test Server Communications**. At the dialog screen, click **OK**.
7. To renew your subscription to Content Filtering, select **Renew Content Filtering Subscription**.

# Setting e-mail options

If you want to create scheduled reports or real time alerts, you must define an e-mail address where the reports will be sent and other e-mail settings.

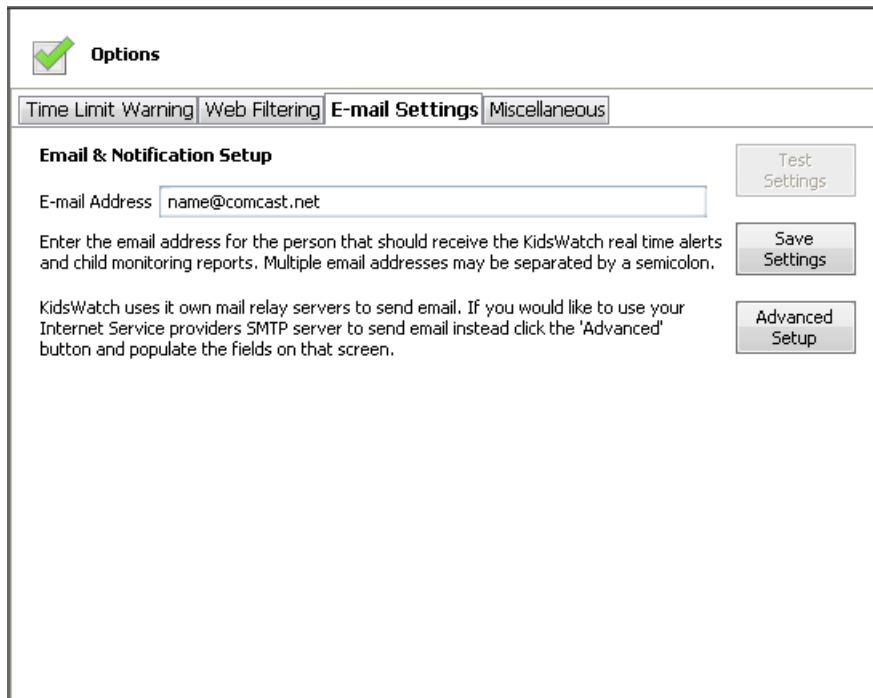
## To set e-mail options:

1. Make sure you are logged into an Administrator account.
2. Open the KidsWatch Home panel (see “Opening and closing KidsWatch” on page 11).
3. From the Home panel, click **Options**.

The Options window opens.

4. Select the **E-mail Settings** tab.
5. In the **E-mail** field, enter your e-mail address (where you want to receive reports). To enter multiple e-mail addresses, separate each address with a semicolon. Click **Save Settings** if you are done.

If you prefer to use your Internet Service Provider’s mail relay server to send e-mail alerts or reports, continue with Step 6. Otherwise, you have completed the mail setup.



The screenshot shows the 'Options' window with a green checkmark icon. The 'E-mail Settings' tab is selected. Under 'Email & Notification Setup', there is an 'E-mail Address' field containing 'name@comcast.net'. Below the field is a note: 'Enter the email address for the person that should receive the KidsWatch real time alerts and child monitoring reports. Multiple email addresses may be separated by a semicolon.' To the right of the field are three buttons: 'Test Settings', 'Save Settings', and 'Advanced Setup'. Below the field is another note: 'KidsWatch uses its own mail relay servers to send email. If you would like to use your Internet Service providers SMTP server to send email instead click the 'Advanced' button and populate the fields on that screen.'

6. If you experience problems receiving e-mail alerts or if you want to use your own SMTP provider as opposed to the KidsWatch mail relay, you can click **Advanced Setup**.

The following fields display in the panel.

The screenshot shows a web interface titled 'Options' with a green checkmark icon. Below the title is a navigation bar with tabs for 'Time Limit Warning', 'Web Filtering', 'E-mail Settings', and 'Miscellaneous'. The 'E-mail Settings' tab is active. The main content area is divided into sections: 'Email & Notification Setup' with an 'E-mail Address' field containing 'name@comcast.net', a 'Test Settings' button, and a 'Save Settings' button. A paragraph of text explains that information for e-mail settings can be obtained from the Internet Service Provider (ISP). Below this is the 'Outgoing Mail Server' section, which includes an 'SMTP server' field, a 'Port Number' field with '25' entered, and a checkbox for 'This server requires an encrypted connection (SSL)'. The 'SMTP Authentication (if required by your ISP)' section contains 'Username' and 'Password' fields, and a checkbox for 'Compress e-mail reports'. A 'Basic Setup' button is also visible on the right side of the panel.

7. Under **Outgoing Mail Server**, enter the SMTP server name (available from your Internet Server Provider). If your ISP does not use the default server port number of 25, enter the correct number in the **Port Number** text box.
8. Click in the checkbox if the server requires an encrypted connection (SSL).
9. If the SMTP server requires a user name and password to obtain access, enter the name and password information. You can obtain the user name and password from your ISP. If they are not required, leave these fields blank.
10. Click in the second checkbox if you want to compress the e-mail reports you receive.
11. Select **Test Settings** to determine if you properly configured the outgoing e-mail server. If the test is unsuccessful, ensure you entered the correct SMTP server, e-mail address, user name, and password. If these are correct, you might have a firewall that is blocking access to the mail server. Disable the firewall software to determine if it is causing the problem; if it is, adjust its firewall settings to allow access to the server.
12. Click **Save Settings** when you are done.

# Setting miscellaneous options

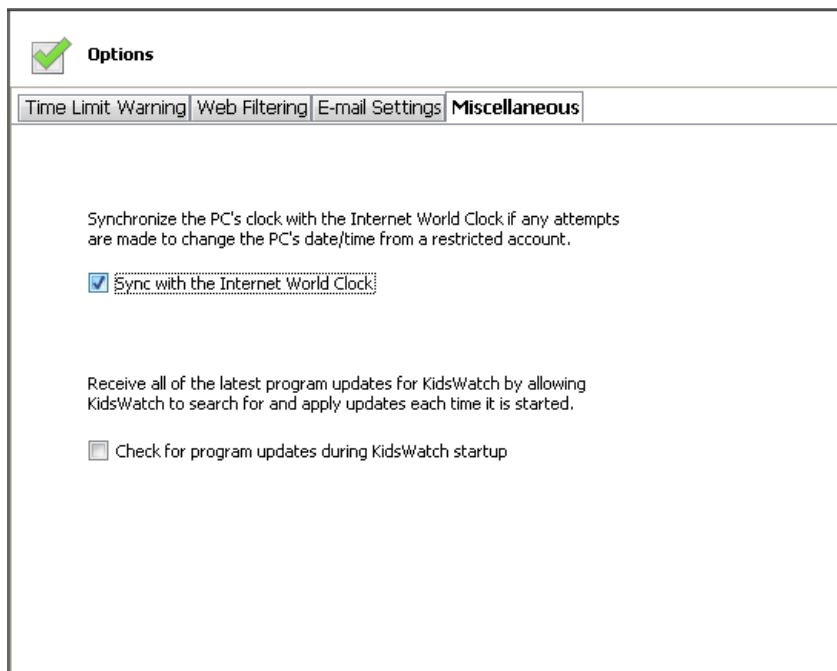
Miscellaneous options allow you to synchronize KidsWatch with the Internet World Clock and check for program updates.

## To set miscellaneous options:

1. Make sure you are logged into an Administrator account.
2. Open the KidsWatch Home panel (see “Opening and closing KidsWatch” on page 11).
3. From the Home panel, click **Options**.

The Options window opens.

4. Select the **Miscellaneous** tab.



5. Click the check box next to the option you want.



# 5: System Tray Icon Controls

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KidsWatch runs continuously in the background for all restricted users (any of your children's accounts that have time, program, and Internet limits). When a restricted user logs onto the computer, a KidsWatch icon appears in the Window's system tray at the lower right corner on the Windows screen. A user can right-click on the system tray icon to display a menu of options. Some of these options are for Administrators only (Bypass All, Lock User, and Hide Tray), while other options can be used to view the remaining time left on restrictions, extend the time, and read more information about the KidsWatch program.

When a user right-clicks on the system tray icon, the following pop-up menu opens.



The pop-up menu lets you perform the following tasks:

- Viewing current restrictions
- Extending restricted time
- Bypassing restrictions
- Locking a user out of the computer
- Viewing KidsWatch program information
- Hiding the system tray icon

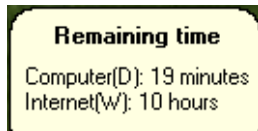
# Viewing current restrictions

The Current Restrictions option lets your child see the remaining time for using the computer, the Internet, and/or programs. For each of the three types of restrictions (computer, Internet, or program), this message displays either the time remaining on the hourly quota or the time remaining on the schedule restriction, whichever has the lesser value. For example, you gave your child a daily computer quota of 4 hours a day and a schedule restriction from 3 p.m. to 10 p.m. If your child logged onto the computer at 8 p.m., the Current Restrictions window shows that the time remaining is 2 hours on the computer, not 4 hours, because the schedule restriction cuts off at 10 p.m.

## To view current restrictions:

1. Right-click on the KidsWatch icon in the system tray.
2. From the pop-up menu, select **Current Restrictions**.

A pop-up message shows the remaining time for computer and Internet time, and for any program time restrictions, similar to the example below.



# Extending restricted time

The options for extending program, computer, or Internet time allow your child or the Administrator to use a temporary password for the change. An Administrator must create these temporary passwords, which can only be used once for either of the three restrictions (program, computer, or Internet), as described in [“Creating temporary passwords for extensions”](#) on page 46.

---

## Note

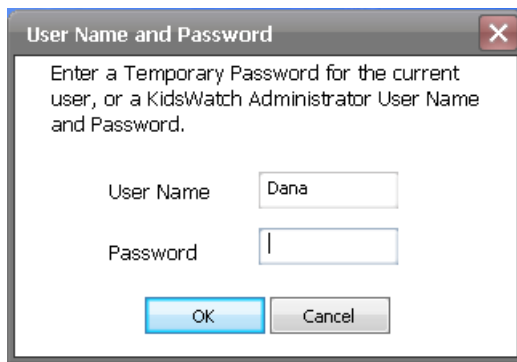
Time can only be extended until the end of the current day.

---

## To use a temporary password:

1. Right-click on the KidsWatch icon in the system tray.
2. From the pop-up menu, select one of the options for extending program, computer, or Internet time.

The following window opens, with the first field displaying the name of the user currently logged in.



3. In the User Name field, keep the displayed name (the user who is currently logged in) or enter the Administrator user name.
4. In the Password field, enter the temporary password or the Administrator's password, depending on which user is entered in the User Name field.
5. Click **OK**.

## Bypassing restrictions

Administrators can use the Bypass All option to lift all time and schedule restrictions for the current day.



### Caution

Be aware that when using this feature, your child has *unlimited* access to *all areas* of the computer and Internet.

---

### To bypass all restrictions for the user:

1. Log on to the computer with the user's account name and password.
2. Right-click on the KidsWatch icon in the system tray.
3. From the pop-up menu, select **Bypass All**.

The User Name and Password window opens.



4. Enter your Administrator name and password, then click **OK**.

# Locking a user out of the computer

Administrators can use the Lock User option to disable the user's login to restrict a child from gaining access to the computer for a time period you determine.

## To lock out the user:

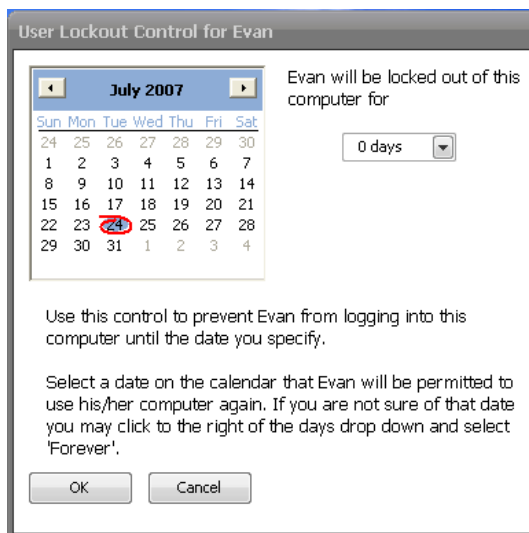
1. Log on to the computer with the child's account name and password.
2. Right-click on the KidsWatch icon in the system tray.
3. From the pop-up menu, select **Lock User**.

The User Name and Password window opens.



4. Enter your Administrator name and password, then click **OK**.

The User Lockout Control dialog box opens.



5. From the calendar, select a future date when the user's login privileges will be restored. Use the left and right arrow buttons to display another month. When selecting a date, the drop-down box displays the number of days until the user may use the computer again. If you are not sure when to restore access to the user, choose **Forever** from the box.
6. Select **OK**.
7. Log out of this user's account. (If you do not log out, KidsWatch will automatically log out in 5 minutes.)

Your child is restricted from using the computer from the current date until the end date you specified.

If you want to unlock the computer before the end date you specified, go to the main KidsWatch program. From the Users panel on the Home panel, click on the desired user account, then select **Edit User**. In the Account panel, click **Unlock User** under Temporary Restrictions.

## Viewing KidsWatch program information

Restricted users can view program information and can contact KidsWatch support from the system tray icon.

### To view program information or contact Support:

1. Right-click on the KidsWatch icon in the system tray.
2. From the pop-up menu, select **About KidsWatch**.

The About KidsWatch window opens. This window displays the version of KidsWatch that you are using, your product Serial Number, computer ID, and contact information for support.

3. Click **Close**.

## Hiding the system tray icon

You can hide the KidsWatch icon from the Windows system tray, if you do not want your children to access any of its menu options. Hiding the icon does not disable the KidsWatch program; it will continue to run in the background.

### To hide the system tray icon:

1. Log on to the computer with the user's account name and password.
2. Right-click on the KidsWatch icon in the system tray.
3. From the pop-up menu, select **Hide Tray**.

The KidsWatch icon disappears for this user account.

### To redisplay the system tray icon:

1. Log on to the computer with the user's account name and password.
2. From the Windows **Start** menu, select **Programs** (or **All Programs**), **KidsWatch**, then **KidsWatch System Tray**.

The icon redisplay in the system tray.



# 6: Remote Administration

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The KidsWatch Remote application can be installed on a networked computer so you can remotely perform some administration tasks, such as extending restrictions or locking out a user. By using this Remote application, you have control over a networked computer and can avoid interrupting your child or arguing with your child over limitations.

To perform administrative tasks with the Remote application, see the following topics:

- [Configuring the Remote application](#)
- [Applying restrictions](#)
- [Bypassing restrictions](#)
- [Locking the computer](#)

## Configuring the Remote application

To manage computers in your local network, you must install and configure the Remote application separately from the main KidsWatch program. Follow these instructions:

- [Installing the Remote application](#)
- [Accessing the Remote application](#)
- [Troubleshooting Microsoft Firewall issues](#) (if necessary)

## Installing the Remote application

**To install the Remote application:**

1. Open a browser and download the remote administration client from one of these KidsWatch Technical Support sites:
  - <http://www.kidswatch.com/Tech-Support.php>
  - [http://cbsits.com/esupport/index.php?\\_m=downloads&\\_a=view](http://cbsits.com/esupport/index.php?_m=downloads&_a=view)
2. On your own administrative computer, launch the KidsWatch installation file.
3. When the Installation window opens, select **Install Remote Access Client** and click **Next**.
4. Click **Finish** when the installation is complete.

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### **Note**

The Remote application communicates over TCP/IP port number 4566. If you are running firewall software (in particular, Microsoft Firewall included with Windows XP SP2), adjust your firewall settings to allow communication on port 4566, so the Remote application can function. See [“Troubleshooting Microsoft Firewall issues”](#) on page 78 for instructions.

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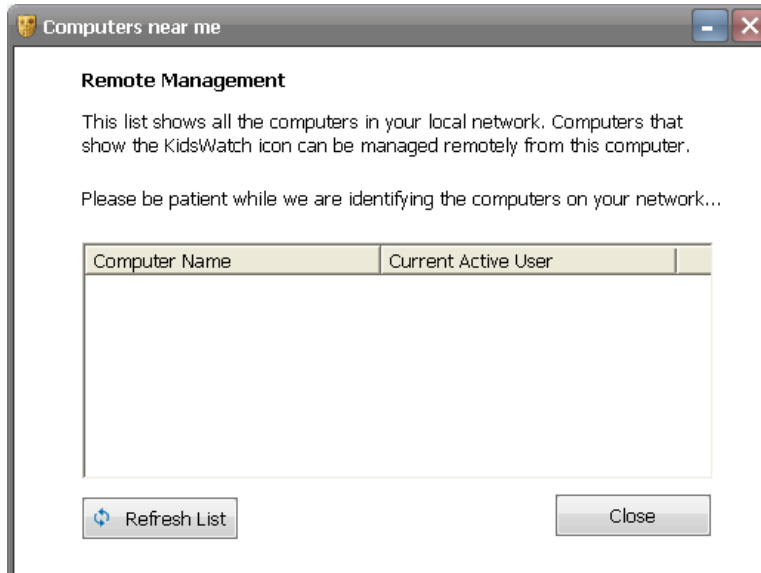
5. Also make sure that the main KidsWatch application is installed on each computer you want to manage remotely.

## Accessing the Remote application

To access the Remote application:

1. Make sure your child's user account is currently logged in to the system.
2. From the Windows **Start** menu, select **Programs** (or **All Programs**), **KidsWatch** then **KidsWatch Remote Access Client**.

The Computers Near Me dialog box opens, similar to the following example.



In a few moments, the Remote application detects and displays the names of the computers in your home network. If after a few minutes, you still cannot see any computer names in this dialog, you might have a firewall blocking the Remote application. Try shutting down the firewall on all computers and then access the Remote application again.

3. Right-click on a name to access a menu of options.

## Troubleshooting Microsoft Firewall issues

If you are using the Microsoft Firewall included with Windows XP SP2, the Remote application may not function. This firewall blocks the remote computer, which is an RPC server using port 4566. To allow communication through port 4566, and also allow the Remote application to communicate to the target computer, follow the instructions below.

To set the firewall to allow port 4566:

1. On each remote computer, open the firewall by selecting **Programs** (or **All Programs**), then select **Accessories**, **System Tools**, and **Security Center**.
2. Select **Windows Firewall** from the Security Center window.
3. Select the **Exceptions** tab.

4. Select the **Add Port** button.
5. In the **Name:** field, enter *KidsWatch* (or a different name if desired). In the **Port number:** field, enter *4566*.
6. Select the **OK** button.

The firewall adds an entry for KidsWatch in the Exceptions window, allowing remote access to this computer.

## Applying restrictions

Using the Remote application, you can reduce or extend the previously set restrictions for program time, computer time, or Internet time.

### To reduce or extend restrictions:

1. On your own computer, access the Remote application. Go to the Windows **Start** menu, select **Programs** (or **All Programs**), **KidsWatch**, then **KidsWatch Remote Access Client**.

The Computers Near Me dialog box opens and displays the names of the computers in your home network.

2. Right-click on the computer to manage.
3. From the pop-up menu, select an option to extend or reduce program time, computer time, or Internet time.

The User Name and Password dialog box opens.

4. Enter your Administrator user name and password, then select the **OK** button.

A control panel lists the remaining time.

5. Use the drop-down box to select the number of hours by which to extend or reduce the time. (If you want to extend time for a program, double-click on that program.)

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### **Note**

Depending on the time of day, the selections in the drop-down box may vary; for example, if there are six hours left in the day, the list shows options from 0 to 6 hours. You can only extend time for the current day.

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# Bypassing restrictions

Using the Remote application, you can bypass all the previously set restrictions on a networked computer.



## Caution

Be aware that when using this feature, your child has *unlimited* access to *all areas* of the computer and Internet.

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### To bypass restrictions:

1. On your own computer, access the Remote application. Go to the Windows **Start** menu, select **Programs** (or **All Programs**), **KidsWatch**, then **KidsWatch Remote Access Client**.

The Computers Near Me dialog box opens and displays the names of the computers in your home network.

2. Right-click on the computer to manage.
3. From the pop-up menu, select **Bypass All**.

The User Name and Password dialog box opens.

4. Enter your Administrator user name and password, then select the **OK** button.

The User Bypass Control dialog box opens.

5. From the calendar, select a future date when the user's restrictions will be restored. Use the left and right arrow buttons to display another month. When selecting a date, the drop-down box displays the number of days until your child's restrictions are reinstated. If you are not sure when to restore the restrictions, choose **Forever** from the box.

6. Select the **OK** button when you are done.

Your child may use the computer without any restrictions from the current date until the end date you specified.

# Locking the computer

Using the Remote application, you can completely lock down a networked computer.

### To lock out the user:

1. On your own computer, access the Remote application. Go to the Windows **Start** menu, select **Programs** (or **All Programs**), **KidsWatch**, then **KidsWatch Remote Access Client**.

The Computers Near Me dialog box opens and displays the names of the computers in your home network.

2. Right-click on the computer to manage.
3. From the pop-up menu, select **Lock User** to prevent your child from using the computer.
4. Enter your Administrator user name and password, then select the **OK** button.

The User Lockout Control dialog box opens.

5. From the calendar, select a future date when the user's login privileges will be restored. Use the left and right arrow buttons to display another month. When selecting a date, the drop-down box displays the number of days until your child may use the computer again. If you are not sure when to restore access, choose **Forever** from the box.

6. Select the **OK** button when you are done.

Your child is restricted from using the computer from the current date until the end date you specified.

If you want to unlock the computer before the end date you specified, go to the main KidsWatch program. From the Users panel on the Home panel, click on the desired user account, then select the **Edit User** button. In the Account panel, click the **Unlock User** button under Temporary Restrictions.



# A: KidsWatch Support

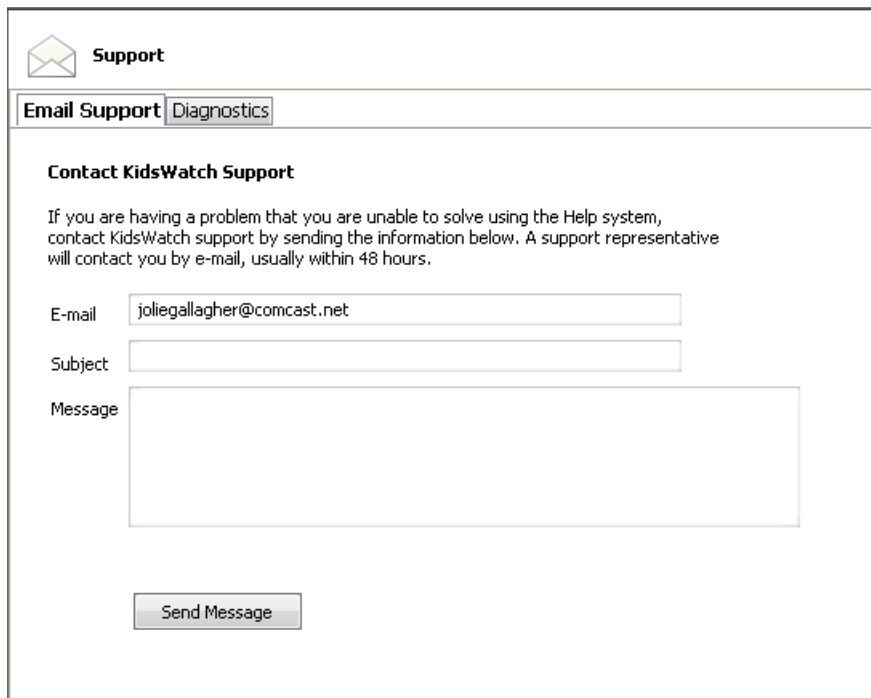
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If you have a question or comment while using KidsWatch, you can send an e-mail to KidsWatch Support. A support representative will contact you by e-mail, usually within 48 hours.

## To request technical support:

1. Open the KidsWatch Home panel (see “Opening and closing KidsWatch” on page 11).
2. From the Home panel, click **Support**.

The Support window opens, as shown in the following example. (KidsWatch will detect your e-mail address from the installation and configuration.)



The screenshot shows a window titled "Support" with an envelope icon. It has two tabs: "Email Support" (selected) and "Diagnostics". Below the tabs is a section titled "Contact KidsWatch Support" with the following text: "If you are having a problem that you are unable to solve using the Help system, contact KidsWatch support by sending the information below. A support representative will contact you by e-mail, usually within 48 hours." There are three input fields: "E-mail" containing "joliegallagher@comcast.net", "Subject" (empty), and "Message" (empty). A "Send Message" button is at the bottom.

3. Enter the subject of your e-mail in the **Subject** text box, then enter your question or comment in the **Message** text box.
4. Click **Send Message**.

KidsWatch will send a response to your e-mail address as quickly as possible.



# Glossary

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## **Administrator**

A Windows Administrator has full access to all areas of the computer and can manage other user accounts.

## **BIOS**

**Basic Input/Output System.** The firmware code that IBM-compatible PCs use to boot up and prepare the computer for other software programs to load.

## **Control Panel**

A group of Windows tools that are used to change the way Windows looks and behaves.

## **executable file**

A program that can be launched when you double-click the file name in Windows Explorer. Typically, executable files have an **.exe** file extension, but they can also have other extensions, such as **.bat** or **.com**.

## **firewall**

Hardware or software that provides system security by allowing or blocking traffic into and out of your computer. Firewalls are widely used for secure access to the Internet.

## **IM**

**Instant Messaging**, which is the exchange of text messages in real time between two or more people logged into a particular IM service.

## **ISP**

**Internet Service Provider**, a company that provides access to the Internet.

## **keylogger**

A type of system monitor that has the ability to record all keystrokes on your computer.

## **packets**

Chunks of data that travel between machines on the Internet.

## **restriction**

Access and time limits enforced on user accounts.

## **SMTP**

**Simple Mail Transfer Protocol**, a protocol for sending e-mail messages between servers.

## **spyware**

A program that may either monitor your online activities or possibly install programs without your consent.

**temporary password**

A password that your child can use for extending time on the computer, Internet, or programs. A temporary password can only be used once and can only be created by a KidsWatch administrator.

**user account**

A Windows record that defines a name and password, as well as some rights and permissions for that user. In KidsWatch, a user account can include additional restrictions on time and access to the computer, programs, or the Internet.

**user profile**

A predefined definition of the user's access and time restrictions, based on age: Adult, Teen, Adolescent, Youngster, or Child. KidsWatch includes several categories for quickly creating your family's accounts.

**virus**

A self-replicating program that can infest computer code, documents, or applications.

**Web Filtering service**

KidsWatch provides a one-year subscription to a Web Filtering service, which includes a list of sites categorized as inappropriate for children. Our development team frequently updates this list with new sites that are unsuitable for younger viewing.



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